

# NCJ

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# TAXED

California's beleaguered recycling system leaves Humboldt consumers, grocery stores feeling pinched

**BY IRIDIAN CASAREZ**

+

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Tony Burris, who has worked on *The Corregidor* 10 years, checks the riggings on a crab pot. Read more on page 10.

Photo by Mark McKenna

On the Cover  
Photo by Shutterstock / Jonathan Webster

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Be Bold

Editor:  
President Biden and every Democrat in Congress, this moment calls for boldness (Mailbox, Jan. 21). We don't need another Obama or Clinton. We need an FDR and then some. It would be a monumental error in judgment to govern as centrists in hope that doing so will appease your most vocal and violent critics. It never does and never will. Those who subscribe to QAnon-sense are too far gone in their sickness, and the relatively sane Republicans will call you a socialist no matter what.

Embrace the label. Help build and inspire a diverse working class alliance by advancing policies, which even Fox News surveys show have broad support. I'm talking about policies like Medicare for All, the Green New Deal and free college. Promote unionization and worker-owned businesses. Bring back the Fairness Doctrine, and make it mandatory that every student learns how to identify and verify sources.

These are the sorts of actions that will garner you enthusiastic, sustainable support. That's the only way to marginalize the extremists, to ensure their demise. The pre-Trump status quo will not suffice; it will make matters worse. Then-candidate

Biden's promise to wealthy donors that "nothing will fundamentally change" must be abandoned. Neoliberalism must find its way into the dustbin of history. American exceptionalism has always been a myth, and there's nothing that says the U.S. can't become a failed state or that fascism can't take root here. This is a trying time but I remain hopeful. Be bold.

Garrett Snedaker, Eureka

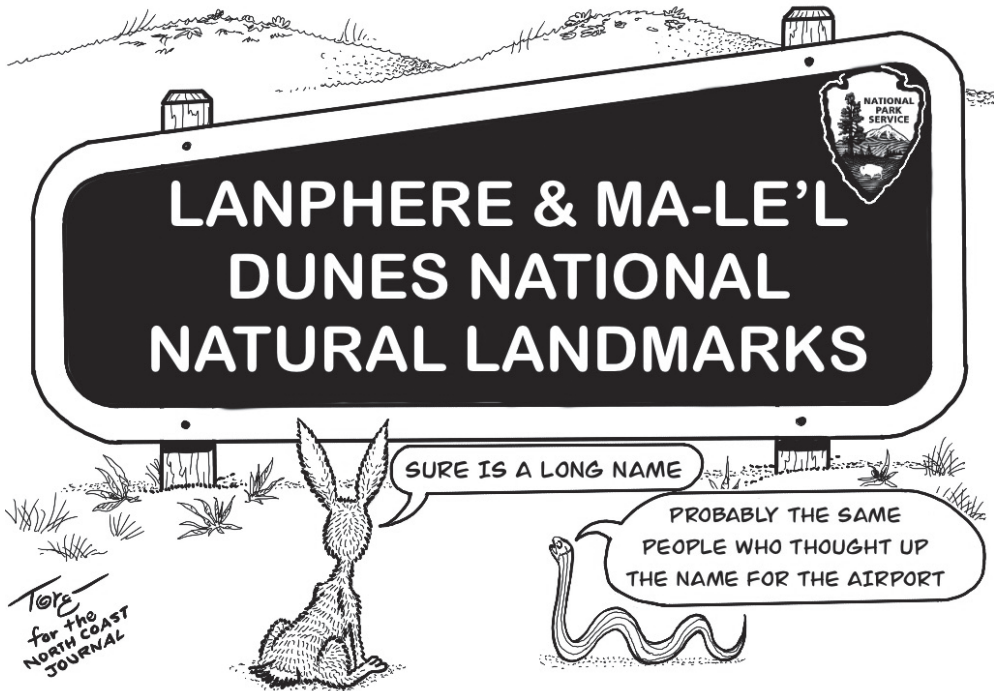
Passed Over?

Editor:  
I have an elderly brother with a serious underlying medical condition, who, despite living in Humboldt for four years, still cannot get assigned a primary care physician (PCP) due to a shortage of local docs. The county does not seem to be addressing this demographic regarding how they can get scheduled for vaccines ("Vaxed," Jan. 21).

Although I don't know for sure, I am guessing there are hundreds of such people throughout the county just based on recent banter on the McKinleyville Nextdoor app. I hope Public Health can place a priority on informing these folks how they can

get scheduled, considering that the other existing clinic systems already have personnel in place to manage scheduling their patients. My brother and elders like him should not have to live in fear of getting passed over for this life-saving medication.

Hilary Mosher, McKinleyville



Terry Torgerson

'Still Hope'

Editor:  
When worried about something, my mom would often say, "Well, no news is good news". One day I said, "I don't understand?" and learned, "It means there is still hope." Eureka's rewrite of the camping ban

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has been delayed and there is still hope that the council could reject it.

The proposal is to change the approach to homelessness. Some years back, Eureka used the current law and the shelter crisis declaration to designate areas with Dumpsters and porta potties for Betty's Blue Angel Village and the short-lived sleeping site program.

This rewrite of the law would designate certain commercial areas, all city parks and within 75 feet of the center line of any recreational trail as no camping areas. The map provided shows only the few commercial areas where camping is prohibited. At one meeting it was explained people would not be arrested, they would only get the equivalent of a parking ticket. Well, imagine parking tickets without painted curbs or signs.

The difference between the Blue Angel Village and the short-lived sleeping site is that one was a place to live and one was only a place to sleep. This re-write of Eureka's camping ordinance is the sleeping site program spread all over town, but without Dumpsters or porta-potties.

Whether you have an opinion or a question, contact council members, especially if you live, work or shop in Eureka. The council number is 441-4144. Their email addresses are: lcastellano@ci.eureka.ca.gov, kk-moulton@ci.eureka.ca.gov, kbergel@ci.eureka.ca.gov, sbauer@ci.eureka.ca.gov and narroyo@ci.eureka.ca.gov.

If you want your thoughts to be part of the record, say so, use the subject: Bill No. 989-C.S. - City Camping Ordinance and also send your email to cityclerk@ci.eureka.ca.gov.

Janelle Egger, Fortuna

## A Killer Ad

Editor:

I was disappointed and disheartened when I saw the very prominent cigarette ad on page 2 of the Jan. 14 edition of the *Journal*. The damage caused by tobacco use is not in question. Tobacco use is the leading cause of preventable deaths in the world.

About half of those who use tobacco today will be killed by it. The tobacco industry knows that for its industry to survive, it must replace customers who quit or die. Therefore, tobacco companies spend more than \$1 million an hour marketing and promoting their products. Tobacco advertising is effective at increasing consumption.

## Phoenix rising

Out of the ashes of a year  
So incomprehensible  
In its universal tragedy  
But like new shoots  
Green and tender  
Sprouting in barren ground  
Everywhere were helpers  
And life went on as always  
With joys and sorrows  
Contentment and anger  
Behind the masks and distancing  
Into this new year  
Ever moving forward  
Inevitably and full of promise  
Into the future  
Same as it ever is  
Leaving each of us the gift  
Of choosing to embrace  
Or fight what comes  
Knowing however it unfolds  
How individually we respond  
Is always a reflection  
Of what is in our hearts  
Here lies our power  
Our magic and strength  
Accepting what is in our heart  
Then making it better

— Author

Targeted advertising encourages children and young adults to try tobacco and move on to regular use. Tobacco companies target rural and other vulnerable communities. As a result, rural communities in California, including Humboldt, have some of the highest smoking rates. Unhealthy messaging is not limited to magazines and newspapers. Inside corner markets and stores where kids go to buy candy, even pharmacies, they are confronted by tobacco imagery and advertising.

In a time when so many of us are stressed and feeling hopeless, this feels like targeted advertising. Our youth, and community, deserve better.

Grace Brosnahan, McKinleyville

## Write a Letter!

Please make your letter no more than 300 words and include your full name, place of residence and phone number (we won't print your number). Send it to letters@northcoastjournal.com. The deadline to have a letter considered for the upcoming edition is 10 a.m. Monday. ●

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# Supply and Demand

COVID-19 vaccination frustrations boil with too few doses to go around and another curveball from the state

By Thadeus Greenson

thad@northcoastjournal.com

**A**fter nearly a year of living with COVID-19, health officials point to the prospect of mass vaccination as the light at the end of the pandemic tunnel, the beacon leading us to normalcy.

But hope and hard reality continue to collide in Humboldt County, where there are simply nowhere near enough vaccine doses to meet even the measured steps of California's phased rollout plan, which also keeps shifting, much to the frustration of seemingly everyone.

Addressing the Humboldt County Board of Supervisors on Jan. 26, Health Officer Ian Hoffman lent voice to some of the frustrations, saying the state had pivoted from pushing counties to get as many providers as possible — from hospitals and health clinics to pharmacies and individual physician's offices — approved to administer the vaccine to pushing for just a handful of approved providers due to highly specific handling and data management instructions. The state also shifted, Hoffman noted, from including residents aged 75 and older in its current vaccine distribution phase to saying the vaccine should be made available to everyone over the age of 65, which would have more than doubled the already overwhelmed vaccine line in Humboldt County. But most frustratingly, Hoffman said, is that vaccine distributions are still arriving at a virtual trickle, despite repeated promises that supplies would ramp up.

Shortly after Hoffman's comments, as the board was still meeting, the state announced it was again overhauling its vaccine delivery framework, revamping its eligibility guidelines, creating a statewide registration and notification system, and instituting sweeping changes that would put it in more direct control of vaccine distribution and administration across all 58 counties.

"We have learned that to accelerate pace we need to dial up the scale of our efforts to ensure vaccine supply goes into arms as quickly as it arrives in the state," Gov. Gavin Newsom said in a press release, adding that "equity" would continue to be the distribution effort's "North Star."

Specifically, the state now intends to "simplify eligibility" by pivoting away from the tiered system announced last month. The new system will see health-care workers, residents aged 65 and older, teachers and childcare workers, emergency responders, and food and agriculture workers all made eligible to receive the vaccine, if they are not already, in mid-February. From there, the state will open up eligibility to groups strictly by age.

A statewide website ([www.myturn.ca.gov](http://www.myturn.ca.gov)) will allow residents to register to receive the vaccine and notify them when it's time to make an appointment.

Next, the state announced it will work with a "third party administrator" to build a statewide vaccine administration network and allocate vaccines directly to providers to "maximize distribution efficiency," meaning Public Health, hospitals, doctors' offices, health clinics, pharmacies and "pop-up" sites would receive vaccine distributions directly from the state.

Exactly how this new state approach meshes with local efforts to prepare a vaccine distribution network remains to be seen. But one thing that seems very clear is that it doesn't address what all local, state and national health officials seem to agree is by far the biggest impediment to mass vaccination: available vaccine supply.

Addressing the board, Hoffman estimated the county has received about 15,000 doses of Pfizer and Moderna vaccines, both of which require that people receive two doses each several weeks apart, meaning what's been delivered to date is enough to fully vaccinate 7,500 people.

Hoffman said the county had completed the first phase of distribution, having offered the vaccine to all county healthcare workers, though some are still receiving their injections, and was moving on to begin offering vaccines to the county's first responders, K-12 teachers and residents aged 75 and older. That's a pool of about 17,000 people that, coupled with the county's healthcare workers, makes approximately 27,000 people currently eligible to receive their COVID-19 vaccination. Not only did the county not have enough

vaccine to meet that immediate need — to say nothing of the tens of thousands of other local residents eagerly awaiting the chance to be vaccinated — Hoffman said it had no idea when it would.

While there were hopes the supply chain would ratchet up, Hoffman said the county is only receiving between 1,000 and 2,000 first vaccine doses per week,

determined by a formula under which California was distributing vaccine doses based on population, leaving Humboldt County to receive 0.4 percent of whatever the state distributes each week.

"The supply is variable and very limited," Hoffman told the board. "Despite promises that we will get more, we will not be getting any more for the foreseeable future until changes to the supply chain and manufacturing chain that have been promised by the new [Biden] administration come to fruition."

Adding to local frustrations, the state and the U.S. Centers for Disease Control also changed course last week, complicating local expectations, saying people aged 65 and older should be cleared to receive the vaccine. But opening vaccines up to anyone aged 65 or older would have put another 16,000 Humboldt County residents in a line that was already far too long for the number of doses available, so Hoffman and Public Health held off, saying they would stick to the original framework of first vaccinating those 75 and older. But the announcements from the state and federal government falsely raised expectations, leaving the Joint Information Center and supervisors to field frustrated calls from 64- to 74-year-old residents who worried they were being left behind.

Humboldt County Emergency Services Manager Ryan Derby told the board his of-



Dale Stocky celebrates his 75th birthday by getting the COVID-19 vaccination he'd newly become eligible for at a Mad River Community Hospital vaccine clinic Jan. 23 at Pacific Union Elementary School. *Submitted*

fice was assisting Public Health in planning for mass drive-through vaccination clinics, noting that 60 medically licensed volunteers had already been sworn in to assist with a large scale vaccination effort and sites had been identified. Everything was in place but the vaccine, Derby said, echoing Hoffman's comments.

"We've built the ship as big as we can and now we don't have enough to fill it," Hoffman said. "This is going on statewide. This is not a problem localized here to Humboldt County."

The chasm between local vaccine supply and expectations has left some residents in line to receive the vaccination grasping for opportunities. As of Jan. 25, the county was urging local residents in line to receive the vaccination to fill out a county interest form (available at [www.humboldt.gov/2872/Vaccine-Info](http://www.humboldt.gov/2872/Vaccine-Info)), and a press release following the state's announcement the following day urged residents to continue that course, at least until "the state's system is functioning."

While some local healthcare providers have voiced concerns about the challenges of providing vaccinations to large swaths of the county while also providing customary care to their patients, some recently began holding clinics for patients. Most notably, Mad River Community Hospital held a large, seven-hour vaccination clinic Saturday at neighboring Pacific



Union Elementary School for patients of its affiliated Mad River Express, Six Rivers Medical Center, Humboldt Family Medical Center and home health clinics who are 75 and older.

Hospital spokesperson Jacqueline Martin said the clinic was designed to be by invite-only but word quickly leaked out. Multiple sources sent the *Journal* email chains showing hospital employees and some former public health officials sharing word of the clinic in their social networks, saying it was open to anyone 75 or older. Another source told the *Journal* a relative who is not a patient of any of the hospital's clinics had called the hospital to inquire about a vaccination and been told about the clinic.

Ultimately, Martin said only an "extremely small number" of the 624 people vaccinated were not patients of any of the hospital's affiliated clinics and the hospital decided to vaccinate them anyway because they'd waited in line — in some cases for hours — and met the over-75 threshold that put them most at risk for critical outcomes if infected with the virus. (Twenty of the county's 27 COVID-related deaths have been people over the age of 80, with another four over the age of 70.) But some have raised equity concerns about people not being turned away, saying it puts those with better community connections in a position to jump the line ahead of peers who face the same COVID-19 risk but are at greater socio-economic disadvantage.

But strictly from a perspective of putting as many shots in arms as possible, the clinic — the largest single vaccination event in the county to date — was widely considered a success and Martin said another is scheduled in the coming week, with an invite already having gone out to hospital clinic patients.

The Safeway on Harris Street in Eureka is also offering COVID-19 vaccines by appointment. A form on the store's website indicates the vaccinations are only available for healthcare workers but multiple sources told the *Journal* the store was making exceptions for anyone over the age of 75, though attempts to confirm that with the store's corporate office were unsuccessful.

But as so much local attention has shifted to the vaccine, COVID-19 continues to spread throughout Humboldt County at an escalating rate, with the county on pace to confirm 1,000 new COVID-19 cases this month. As the *Journal* went to press Jan. 26, the county had already confirmed 892 cases for the month, eclipsing the single month record of 863 set in December. Of the 2,652 confirmed cases and 27 COVID-related deaths the county had

confirmed as of Jan. 26, 1,755 cases and 18 deaths had come since Dec. 1. The county's test-positivity rate has also risen apace, going from 3.6 percent in November to 7.3 percent in November to 10.1 percent through the first 26 days of January.

"We've been seeing many outbreaks across all sectors of Humboldt County," Hoffman told the board. "These outbreaks are almost always associated with gatherings. ... Any gathering indoors is a risk at this time. There is a lot of COVID-19 in our community."

At the board meeting, as the state, unbeknownst to Hoffman, was preparing to throw another curveball, the health officer reiterated that the problem is that Humboldt County just "doesn't have enough vaccines" or know when the supply stream will ratchet up, making it a slog to get through the 27,000 people who were eligible and in line as of the meeting.

When the conversation returned to the board, First District Supervisor Rex Bohn and Second District Supervisor Michelle Bushnell asked when teachers would be vaccinated so more local children could return to school. Hoffman said he simply didn't know, explaining that the county's 3,100 or so educators remain up in line with first responders and those 75 and older. Bushnell pondered aloud whether teachers had been deprioritized locally and Bohn pressed Hoffman on whether he could commit to getting teacher vaccinations started next week or next month.

"I have answered the question, Supervisor Bohn," Hoffman answered, visibly frustrated, adding that teachers' priority status has never changed and reiterating that there simply isn't enough vaccine available for everyone currently eligible.

After the exchange — and a public comment period that saw someone inquire why certain sector employees were being prioritized above those who are 65 and older and therefore at increased risk of critical outcomes from the disease — Fifth District Supervisor Steve Madrone offered a plea for patience, saying this is not the time for people to panic or get angry.

"This is the exact time where we all need to take a deep breath and realize help is coming," he said, adding it may not come today or tomorrow, but it's certainly coming. "Let's just take a deep breath and settle down and let things play out. We're going to get there."

●  
*Thadeus Greenson (he/him) is the Journal's news editor. Reach him at 442-1400, extension 321, or thad@northcoastjournal.com. Follow him on Twitter @thadeusgreenson.*



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## SIT, STAY, HOME: Quarantine Pet Photo Contest

You may find staying at home during quarantine boring or frustrating but your pets love it! You're finally home with them all day to keep them entertained and to snuggle — and they've never been happier.

So if you're trying to think of something to do, grab your pet and **take some photos**. We want to see how you and your pets are passing the time in quarantine.

Send the *Journal* your photo with your pet! Submissions will be accepted from Monday, Feb. 1 through Sunday, Feb. 14, 2021 on our website, or email [contests@northcoastjournal.com](mailto:contests@northcoastjournal.com).

One entry per household, per category. Categories are:

**Dogs   Cats   Farm Friends   Small Critters**

The top 25 entries and each category winner will be published in the North Coast Journal's Feb. 25 issue and all entries will be on our website. The top pet in each category, selected by a panel of judges, will receive prizes in the mail from NCJ and our sponsors.

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# North Fork Lumber Builds up its Employees

By Meg Wall-Wild

newsroom@northcoastjournal.com

A business voted Best Place to Work by its own staff must be doing something right. When the call went out for nominations, North Fork Lumber's employees anonymously answered the 17 questions so positively it catapulted the company to the designation of being the county's best employer, according to a survey filled out by employees of dozens of local companies and nonprofits.

Like many industrialists of the 19th century, the Korbel Brothers built a side business to support their famous Sonoma County vineyards. They scanned the California landscape looking for the best location for a sawmill. The Mad River provided the perfect site. The Korbel Sawmill opened in 1882, churning out lumber for wine vats and building projects. After the Korbels sold out in 1913, the company passed through a succession of owners until 2018, when Fred Schmidbauer saw an opportunity to reopen the old sawmill.

When a shift change came to the Schmidbauer Lumber in Eureka, Schmidbauer asked if employees wanted to help him in this new venture of starting up a subsidiary company at the Korbel site. Forty-five of them took him up on his offer to move operations to the town of Korbel. With hard work and a dedicated staff, North Fork Lumber CEO Ken Dunn set a first-year goal of 1 million board feet of primarily Douglas fir for housing and new construction. They cut more than 1.5 million feet.

One way Dunn judges employee happiness is through the quality of their work product. An engaged employee cares about their craft and Dunn points to the number of board feet as solid evidence that employees go that extra mile willingly, proving their investment in North Fork Lumber's future. Their success resulted in the addition of a second shift, increasing the workforce to 88 from the original 45. Great attendance is another indicator that workers are content, not burned out or frustrated with manage-

ment, Dunn says.

The survey answers employees submitted illustrate the commitment that North Fork has to its workforce. The role of communication is clear — it goes both ways and starts on the first day. A thorough orientation is designed to make a new hire comfortable in their workplace and understand the processes from the moment timber hits the lot to the finished lumber at the end. During the first six weeks, employees are evaluated every week. While many jobs do not require this level of scrutiny, sawmills are, well, dangerous.

The training pays dividends all along the line. In the survey, employees said they know what they need to do to be successful in their job. Continued development is also ranked high. Employees who want to grow their skills report they have the chance to do so. North Fork Lumber

provides opportunities to acquire certifications needed to advance and the ability to transfer to other Schmidbauer companies. Employees give high marks to management's support of their career aspirations and their ability to contribute to their own development.

Dunn believes that equal treatment and high expectations, combined with being fair, firm and consistent, are key to employee retention. This strategy seems to be successful. Workers report rarely thinking of leaving and see themselves still working at North Fork two years from now. Again, the proof is in the pudding. Dunn says that of the original 45 employees who helped with North Fork's start-up, only two have moved on.

North Fork received top marks in the "I am proud to work at my job" category. To many, being proud is a platitude, but its true meaning de-

scribes the investment in time and toil of employees who want their company to succeed. This desire for success is backed up by another top score: "I would recommend my job as a great place to work."

We all are tired by now of COVID-19 and how it has changed our lives. Many workers have been asked to sacrifice as their employers lose business and the economy tightens. Dunn says North Fork and its parent company responded quickly to stave off hardship. Schmidbauer Co. voluntarily paid time off due to COVID-19 until the regulations were updated in September to require all businesses to do so. North Fork employees were given \$125 per-week bonuses for three months in an effort to cushion the impact of spouses' job losses, childcare needs and other pandemic impacts. The company also paid employee insurance premiums for a month and a half, providing

## About the Survey

The Humboldt County Economic Development Department commissioned the *North Coast Journal* to conduct a survey of participating local companies that allowed their employees to anonymously share their views about their work experiences — what they like, what they don't, whether their jobs give them room to grow and their companies support that development. In all, employees from local companies big and small were asked to respond to 17 statements about their employers with a score of -2 to 2, with -2 being strong disagreement and 2 being strong agreement.

County Economic Development Director Scott Adair said the survey was intended as a way to celebrate employers who have created environments where people love to work. With COVID-19 having had severe and widespread economic impacts, Adair

said it's important to find opportunities to "highlight and recognize employer excellence" locally, giving businesses and employees alike "reasons for celebration."

"This is not only because doing so is simply good for business but because doing so is good for our souls," Adair said. "And what is good for our souls will have a primary or ancillary positive impact on our own economy."

With the help of local chambers of commerce and business organizations, the survey was administered through the *Journal's* marketing department with the results then passed to the *Journal's* newsroom, which had complete editorial control in writing about them.

Overall, companies that chose to participate in the survey were rated very positively by their employees, with the average aggregate company

score coming in at 1.68 out of 2. As you'll read, North Fork Lumber Co. took the top rating, with a score of 1.88. But here are a few areas where other companies excelled.

**My job motivates me to go beyond what I would in a similar role elsewhere:** 1.75, Premier Financial Group. (A banking and financial services company headquartered in Eureka with 15 employees.)

**Day-to-day decisions here demonstrate that quality and improvement are top priorities:** 2, Scurfield Solar and Heating. (A solar, HVAC, plumbing and electrical company headquartered in Arcata with 12 employees.)

**I believe there are good career opportunities for me at this company:** 1.78, Royal Gold. (A potting soil company headquartered in Arcata with 80 employees.)

— Thadeus Greenson



needed breathing room for working families with overstrained budgets.

Dunn says North Fork Lumber puts thought into its employee perks. The company provides a 401k match of 4 percent and profit sharing, as well as a holiday turkey, gift cards and company jackets. It also purchases 25 pounds of meat for each employee every year from the Humboldt County Fair Livestock Auction, which not only benefits their employees but also Future Farmers of America exhibitors and the local farming community.

With all that in mind, it's perhaps no surprise North Fork Lumber employees indicated they are satisfied with their jobs to a greater degree than other

local residents. Dunn says he is grateful for the survey, which provided employees a valuable platform to anonymously evaluate their employers.

Oh, and North Fork Lumber is hiring. Those looking to join the team can contact Human Resources Manager Crystal Eckhardt at [ceckhardt@nflmill.com](mailto:ceckhardt@nflmill.com) or call (708) 667-8114.



*Meg Wall-Wild is a freelance writer and photographer. A former editor and grant writer, she loves her 5,000+ books, the dunes of Humboldt, and her husband, not necessarily in that order. When not writing, she pursues adventure in her camper, Nellie Bly.*



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## Mission Statement

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There have been many books written on how to achieve the best business models for success. Like the rest of the world, the manufacturing process has evolved into a highly technical, computerized operation. Consequently, there is a need for a skilled labor force.

With that, we are required to find, train, and retain our team members. Accordingly, it comes down to treating people the way you expect to be treated. This is expressed in terms of creating an environment that allows and encourages people to learn, grow, advance, and know they are a valued part of North Fork Lumber Co.

The New Hire Onboarding Process has been one of our major successes. Having someone start a career in this industry can be overwhelming on the first day. Our goal is to make sure they feel welcome, comfortable with their surroundings, well trained in safety, and that their input is valued and needed.

During the past year (COVID-19 times) we were thrust into finding consistent guidelines that would keep our team healthy and safe. In the initial days, as requirements evolved, they changed by the hour. HR Manager/COVID Coordinator nightmare! I am proud to say we have managed to keep all of our people safe and healthy. The team has adapted and grown with the guidelines. For that we are grateful and truly appreciate the efforts of the North Fork Team.



# Arcata Doc Settles with Medical Board in Opioid Rx Case

An Arcata doctor embroiled in a protracted fight with the California Medical Board over allegations that she excessively prescribed opioids has reached a deal that will allow her to retain her license.

Connie Basch admitted no wrongdoing in the settlement, which will allow her to continue practicing under a monitoring system and require her to take a number of specified courses through a 35-month probationary period. Basch, who runs the Full Circle Center for Integrative Medicine in Arcata and whose patients have vocally come to her defense, has repeatedly defended her conduct, saying she cares for patients who came to her using excessive amounts of opioids for chronic pain and that state guidelines for weaning such patients are potentially dangerous.

"I settled because I could not afford the legal fees to fight it further and because I was offered a deal that allowed me to continue to prescribe as I see fit so that no one would get cut off their meds

suddenly," Basch told Pain News Network. "I was afraid if I went to a hearing and tried to appear [without an attorney] and somehow pissed off the judge, I might wind up with a settlement that prohibited prescribing for a year, which was their initial proposal, and that there might be preventable deaths in my patient population as a result."

The allegation filed in May of 2019 focused on Basch's care for five patients and alleged she acted with gross negligence in continuing to prescribe patients large amounts of opioids and benzodiazepines, failing to maintain adequate records or wean patients from the addictive medications while ignoring red flags for opioid abuse.

The settlement agreement requires Basch to keep detailed records of all drugs she prescribes and to make them immediately available for inspection by state investigators. Further, the settlement requires Basch to enroll in educational courses on prescribing practices, medical record keeping and medical ethics at her

## The Crab Has Landed



Kristen Pinto, daughter of the owners of the *Jenna Lee*, pulls crab from the live well for a customer at Woodley Island Marina last week. See more photos of crab boats and fishermen bringing in the first hauls of the season at [www.northcoastjournal.com](http://www.northcoastjournal.com).

POSTED 01.20.21 Photo by Mark McKenna

own expense, while also coming under a program of professional monitoring by a physician in good standing with the board. The monitor is then required to submit quarterly written reports to the board evaluating Basch's performance.

If Basch fails to satisfactorily complete the 35-month probationary period, her

license will be revoked under the terms of the board's order.

Read both the full accusation filed against Basch and the settlement agreement document at [www.northcoastjournal.com](http://www.northcoastjournal.com).

— Thadeus Greenson

POSTED 01.21.21 Read the full story online.

### Make us a part of your daily life

For the news as it develops and all you need to understand politics, people and art on the North Coast, follow us online.

**Dunes Dubbed National Landmark:** Lanphere Dunes and Ma-le'l Dunes were designated as National Natural Landmarks last week by the U.S. Department of the Interior along with sites in West Virginia and Colorado. The more than 900 acres adjoining Manila and Arcata are biological hotspots, boasting a range of rare plant species amid dune forests, coastal dunes and diverse wetland habitats that are home to an array of wildlife, including osprey, porcupines and foxes. POSTED 01.22.21

**Warm Line Here to Help:** There's no hiding the fact that it's been a stressful stretch, with the pandemic, a record wildfire season, a renewed fight for racial justice, and the bitter presidential election and its aftermath. But the Department of Health and Human Services' Behavioral Health Warm Line (268-2999) is here to help locals navigate the anxiety, depression and distress that accompany these issues Monday through Friday from 8 a.m. to 5 p.m. POSTED 01.25.21

**Broadband Coming:** The California Public Utilities Commission has approved an \$8.6 million grant application to bring high-speed broadband internet service to the Hoopa Valley. The project, which will reach nearly 1,200 unserved households and increase speeds to others, is being hailed as a huge step toward increasing opportunities for distance learning, economic development and tele-medicine. "The beautiful and rural Hoopa Valley Indian Reservation has needed technological upgrades for decades," said Tribal Chair Byron Nelson Jr. POSTED 01.21.21

### Digitally Speaking

3 The number of crab fishermen rescued by the U.S. Coast Guard on Jan. 24 when their boat hit the South Jetty rocks after losing propulsion while attempting to enter Humboldt Bay. The three men were pulled from the water and transported Coast Guard Station Humboldt Bay "with no reported medical concerns." POSTED 01.24.21

### They Said It

"She's got a pretty big rolodex."

— Democratic strategist Brian Brokaw on how Kamala Harris' ascent to the vice presidency could lead to more Californians working in the Biden administration and running the federal government. POSTED 01.24.21

### Comment of the Week

"In my mind, what it means to be an American in a nutshell."

— Janet McIntosh commenting on the Journal's Facebook page on a story about the life and recent death of Esteban Gonzalez, who was born in Mexico City before moving as a young man to Fortuna, where he worked three jobs until he saved enough money to become a United States citizen, bring his family north and open a restaurant in Arcata. POSTED 01.21.21



# TAXED

California's beleaguered recycling system leaves Humboldt consumers, grocery stores feeling pinched

By Iridian Casarez

iridian@northcoastjournal.com

**B**ags and bags filled with recyclables were piling up in Kathy Hutchinson's shed. She had been waiting for the Eureka Recycling Center to resume paying for California Refund Value bottles and cans after it closed in March due to COVID-19 restrictions, but the eagerly anticipated reopening was short lived.

The center briefly resumed its CRV redemption services last September but an overwhelming demand caused traffic congestion and hazards on Broadway, which caused Humboldt Waste Management Authority to discontinue the service, which wasn't penciling out financially anyway.

In 2010, Humboldt County had a total of 10 CRV redemption centers but at the beginning of last year only five remained. Now there are none, as centers in Fortuna, McKinleyville and Redway all closed their CRV programs in 2020, which partially led to the flood of demand that prompted the Eureka Recycling Center to follow suit in September.

Soon after the Eureka Recycling Center's program closed, Hutchinson said she realized she couldn't continue hoarding her CRV recyclables. But her only options were to put them into her curbside recycling pickup bin, forfeiting her deposits, or take them to the nearest CRV redemption center, Hambro's Recycling Center in Crescent City, a nearly two-hour drive north.

"I was on my way to Brookings when I made a stop at the recycling center in

Crescent City and turned in five big bags of cans," Hutchinson said. "The money paid for my gas, some snacks and goodies, so it wasn't too bad."

But relying on someone to drive more than 80 miles to do their recycling isn't sustainable and is a sign that California's once landmark CRV Bottle Bill has become outdated, filled with inequities for rural, underserved areas like Humboldt County. Those flaws, coupled with changes in the global market for recyclables, have combined to leave most local residents paying what is now more of a tax than a deposit and most local grocery stores facing tens of thousands of dollars in new fees. The only fix, meanwhile, lies in the hands of the state Legislature.

**California lawmakers** enacted the Bottle Bill 33 years ago to reduce litter by incentivizing recycling and, for decades, it did just that until the value of commodities plummeted due to domestic and international trade policies.

California consumers who buy a bottled drink pay a 5- to 10-cent deposit (depending on the container's size) that they can then redeem at a CRV redemption center.

Collected at the point of sale by the grocer or retailer, the deposit is then handed off to the beverage distributor, who gives it back to the beverage manufacturer, which pays it to the California Department of Resources Recycling and Recovery (Cal Recycle). The department

then distributes it to CRV buyback redemption centers in subsidies and deposit returns, which then go back to consumers.

Besides the Cal Recycle subsidies, redemption centers generate revenue by selling recyclable materials to a global market. But in 2017, China, which had long been the world's largest purchaser of recyclables, instituted its "National Sword Policy," which imposed broad restrictions on the types of materials it would accept. The move sent the value of recyclable materials — including those with Bottle Bill deposits in California — plummeting, putting a huge strain on California's CRV services.

The market shift exposed flaws in the formula the Bottle Bill uses to determine the amount of subsidies paid to recycling centers, which has now created problems throughout the CRV system, impacting everything from redemption centers to grocers.

Jeff Donlevy, general manager at Hayward-based Ming's Resource who also sits on the state's commission on recycling but made clear he was speaking to the *Journal* in his capacity at Ming's Resources, said the state's formula is one-size-fits-all, meaning subsidies are the same for recycling centers in Southern California as for

"I made a stop at the recycling center in Crescent City and turned in five big bags of cans."

those in Northern California and the Bay Area.

"[The formula] is not equitable because the cost of doing business in an urban area is much different than the cost of doing business in a distant rural area," Donlevy said. "[The Legislature] made some adjustments but, for the most part, it hasn't helped maintain the recycling centers, especially in the rural areas or high-cost areas like the Bay Area or coastal communities."

Donlevy said he'd like to see the Legislature change the formula to meet regional costs and needs, which can differ based on the cost of land the redemption center sits on, labor, shipping costs and the volume of materials collected.

The current formula works well for centers in Los Angeles, where land, labor and transportation costs are relatively cheap and the volume of recyclables is high. Land in the Bay Area, meanwhile, is so expensive it doesn't make up for the high volumes of recyclables there, while lower land costs often don't make up for the low volume and high shipping costs in rural areas.

In Humboldt, where land and labor are cheaper but the volume of materials coming through the redemption center is significantly lower, the cost of running the

*Continued on next page »*





center and transporting the material hundreds of miles to market is extremely high, meaning the subsidies aren't enough to make operating redemption centers revenue-neutral. This forces recycling centers to choose between taking money from other operations to balance the cost of running a CRV redemption center or shuttering CRV buy-back programs entirely.

In HWMA's case, it operated the buyback program at its Eureka Recycling Center at a loss. In an Oct. 20 presentation to the Humboldt County Board of Supervisors, HWMA Executive Director Jill Duffy said that when the value of commodities went down, HWMA was not receiving enough money from the market to make up for the low state subsidies, so it offset the cost with a \$9.64 fee on solid waste disposals that customers, both member agencies and self-haulers, pay when dumping garbage at the Hawthorne Transfer station. The fee brought in \$673,000 annually to keep the center in the black.

But commodity prices have continued to go down drastically. The value of aluminum was at 69 cents per pound but has dropped to 42 cents per pound, while No. 2 plastic dropped significantly from 21 cents in 2019 to 12 cents.

"Some recycling centers have said, 'We're not going to subsidize it from other operations so we're just going to close,'" Donlevy said. "So, the lower volume recycling centers have a decision to make, 'Should we close or continue to subsidize it with other operations?' And most of them are closing."

And that's the choice all five of Humboldt's remaining CRV redemption centers made last year.

While having the Legislature

simply change the Bottle Bill's subsidy formula is seen by many as the best possible solution for the state's CRV dilemma, the status quo is clearly working for some — most notably redemption centers in Southern California — so any proposed change would likely face opposition. And the Bottle Bill has many stakeholders, including curbside waste haulers and manufacturers, so any change would also have reverberating impacts.

California is unique in that curbside waste hauling companies like Recology are included in the Bottle Bill and allowed to receive CRV reimbursements for collected materials, meaning waste haulers could

"The lower volume recycling centers have a decision to make, 'Should we close or continue to subsidize it with other operations?' And most of them are closing."

also lose revenue if there is a change in the formula, which could have significant impacts.

COVID-19 and the closures of most of the CRV redemption centers locally and statewide — including RePlanet, California's largest recycling business — have increased the amount of CRV materials waste haulers are collecting by 17 percent.

Locally, Recology Eureka General Manager Linda Wise said that while 16 percent of a

typical load was made up of glass, plastic and aluminum CRV containers prior to the pandemic and the closures of local buy-back centers, those materials now make up about 20 percent of the average load.

Statewide, the amount of CRV material collected at redemption centers has dropped 11 percent over the past two years while the amount going to waste haulers has risen 17 percent, according to data from Cal Recycle. But overall, the CRV beverage container recycling rate has dropped almost 10 percent over the past two years, meaning fewer residents have been recycling their CRV materials.

And as the pandemic has forced more people to stay at home, CRV beverage containers sales have increased about 7 percent over the past year. CRV beverage container deposit returns to consumers, meanwhile, have decreased by 3 percent, meaning there are increasingly more CRV containers sold than are coming back into the redemption stream.

Crunching numbers from Cal Recycle's Beverage Container Recycling Program Monthly Volume Report, Donlevy has seen the state's recycling fund increase by more than \$120 million in unredeemed CRV deposits over the past year.

Cal Recycle uses these same funds for consumer redemptions, recycling center subsidies, curbside supplemental payments, payments to cities and counties, and program administration costs. However, the agency doesn't have the authority to increase subsidies to struggling recycling centers.

Though local redemption centers have closed, Duffy and Wise stressed that bottles and cans are still recyclable and can be turned into the Eureka Recycling Center or thrown into curbside pickup bins — though that would mean consumers relinquishing their deposits to the curbside waste hauler companies. Wise said all the CRV funds collected

from curbside pickup are put back into Recology's curbside program to offset the costs of taking on additional material and subsidize customers' monthly bills.

Even with local buyback centers

shuttered, Humboldt County residents like Hutchinson should have options other than forfeiting their deposits or driving to Crescent City.

The Bottle Bill provides that if there are no redemption centers available where consumers can redeem their deposits, grocery stores need to pick up the slack. Specifically, the bill requires stores that sell \$2 million or more in groceries annually and don't have a certified redemption center in their convenience zone — a half-mile radius in urban areas and a 3-mile one in rural areas — to redeem CRV containers on-site, meaning anyone with a CRV container can go into the store to get their deposit back right then and there.

In Southern California, many grocery stores have CRV redemption centers in their parking lots, making them convenient for consumers to redeem deposits on site. Such operations, however, aren't feasible for all grocers and the Bottle Bill allows them to opt out if they pay

a fee of \$100 a day or \$36,000 a year, which goes into the beverage container fund with no designated purpose or use. According to Donlevy, in the past, the Legislature has used the compliance fee surplus for projects to support and promote the CRV redemption program through quality incentive payments and grants, among other things.

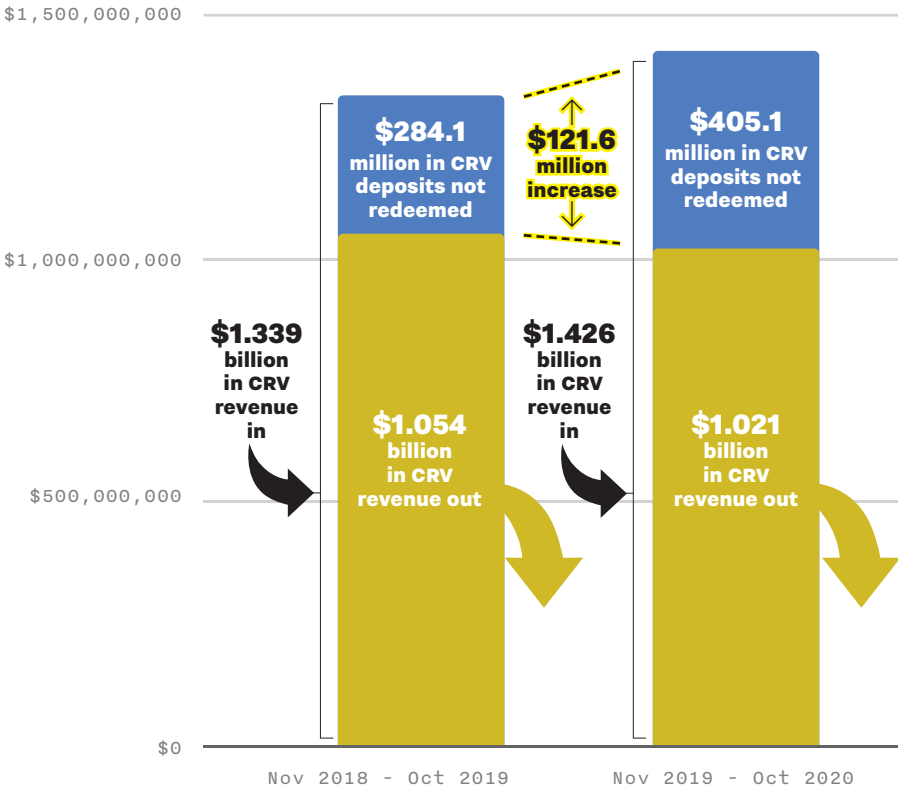
Complicating the decision facing grocery stores in such a situation is the fact that unlike certified redemption centers, the Bottle Bill doesn't give grocers subsidies to collect and process CRV materials unless they jump through all the hoops of becoming a certified center.

Cal Recycle spokesperson Lance Klug said there's nothing preventing a grocer from taking that step, though it would be up to the grocer to pay for all the operating costs of starting a recycling center before receiving any subsidies.

That's a problem, according to Donlevy. "[The Legislature] needs to change the formula related to the involvement of grocers, what they can do and what they get paid to be a part of the program," he said.

The Bottle Bill does allow exemptions for some grocers and retailers. For exam-

CalRecycle CRV Revenue Before and During Pandemic



North Coast Journal / Jonathan Webster



ple, stores can be exempt from offering redemption services if consumers can easily access a nearby redemption center, predominantly use curbside recycling or if the redemption centers in the area fail to meet a sufficient volume of CRV materials for “economic viability.”

According to Cal Recycle data, the law allows exemptions in up to 35 percent of the state’s convenience zones. There are 3,973 grocers that have been identified in the state’s convenience zones, with about 25 percent exempted from offering redemption services and another 4.6 percent awaiting exemption status. Twenty-eight percent of the zones are served, meaning they have a redemption center within the limits, and 42 percent of the zones currently unserved, meaning stores there are either undergoing a 60-day grace period before they are required to redeem CRV containers in-store, are currently redeeming CRV containers in-store or are paying the daily fee instead of offering redemption services.

Right after the county’s last CRV redemption service closed in October, 90 percent of Humboldt County grocery stores were exempted from taking back recyclables in-store, which left consum-

ers with extremely limited options as to where to redeem their deposits. Cal Recycle has since changed the status of in-store redemption services for 37 grocers locally, and most of them aren’t prepared or have yet to begin in-store redemption services.

In an interview with the *Journal*, Eureka Natural Foods Human Resources Administration Officer Graig Fillmore said Cal Recycle revoked the grocer’s exemption in October, meaning its stores now must provide on-site redemption or pay a fee of \$100 per day, \$36,000 annually.

For corporate stores in the area, \$36,000 is probably manageable but it could prove devastating for Humboldt’s small businesses. Take for example a local grocer with five different small stores each facing fines, that would total \$180,000 a year.

Fillmore said the fees have disproportionate impact on small, local companies compared to larger chains.

“Inevitably you’re pushing away small businesses in Humboldt County because redemption services here aren’t capable of being set up because those centers are

*Continued on page 15 »*

Recology Eureka has seen a roughly 25-percent increase in CRV containers being left in curbside pickup bins since the closure of local redemption centers. *Photo by Iridian Casarez*



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already operating at a loss over the last several years," he said.

Fillmore believes the revocation of local exemptions is unfair and said that Eureka Natural Foods would not be able to handle the amount of CRV materials collected if it were to begin offering in-store redemption services, especially during the COVID-19 pandemic, which requires businesses to follow new rules and regulations to keep everyone safe.

"We would love to do the redemption services but, logistically, we're not set up to do that," Fillmore said. "We would like to participate but we just don't have the infrastructure."

**In a way,** the same could be said for HWMA's Eureka Recycling Center — even though it was built for redemption services, it wasn't able to handle the overwhelming demand of Humboldt residents trying to redeem their CRV deposits back in September.

After the failed re-opening attempt, HWMA asked Cal Recycle for permission to open the Eureka center on an appointment-only basis but was denied. HWMA then applied for a Cal Recycle pilot project grant that would have paid for reverse vending machines (where consumers would have been able to redeem their deposits on the spot), but HWMA wasn't among the selected applicants.

According to Klug, Cal Recycle doesn't have the authority to "alter CRV take-back and operational requirements established in state law. The law requires recycling centers to serve customers that come to their business during their hours of operation" and not through appointments, he said.

Fillmore believes the only solution to Humboldt County's CRV problem would be a collaborative effort with all parties, including Cal Recycle.

"There's no solving the redemption crisis in Humboldt County without Cal Recycle coming to the table with beverage dealers and local redemption centers to come up with a solution."

The biggest problem, however, is that Cal Recycle does not have the jurisdiction or authority to make exceptions for appointments, changes to subsidies or its formula. It only handles subsidies, exemptions and certifications, according to the letter of the law, and the only entity capable of changing the Bottle Bill is the Legislature.

Donlevy said there is no short-term solution for Humboldt's CRV redemption problem and any real legislative change could take two to three years. Duffy, meanwhile, said there is no timeline as to when CRV redemption services will return to the Eureka Recycling Center.

The California State Commission on Recycling is, however, drafting a recommendation letter to send to the Legislature and Gov. Gavin Newsom by Feb. 3 requesting urgent action to give new Cal Recycle Director Rachel Wagoner the authority and funds to help open recycling centers in underserved and rural parts of the state like Humboldt County.

"As a body of 17 volunteer appointed commissioners from the entire state, we think that this will get to the governor's office, it'll get to all the Legislature and Senate, with a message from all of us saying these are urgent items that we

need your attention on. These are fixes that will help open up or reopen recycling centers in the underserved, rural areas," Donlevy said. "As a commission appointed by Cal Recycle, they're looking to us a governing body to help highlight what's important, what they should be looking at. We're not lobbyists, we're not looking for our own interests we're looking out for the best interest for the residents of California."

The letter recommends things like assisting newly opened recycling centers in rural underserved areas with \$10,000 per month

or using the grocer's compliance fees of \$100 a day to help pay for equipment that helps process CRV containers, among other things.

North Coast Assemblymember Jim Wood understands that Humboldt County and other rural areas have a CRV crisis, his communications director Cathy Mudge said, adding that he's been meeting with Wagoner in hopes of coming up with possible solutions. Wood has also

*Continued on next page »*

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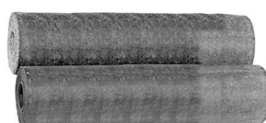
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A flier from Hambro's Recycling Center in Crescent City urging customers to pressure state representatives to fix the "CRV crisis" that has seen many rural redemption centers close.

been advocating for Humboldt County to be chosen for one of the Cal Recycle pilot projects grants, she said, and he'll also be meeting with Bottle Bill stakeholders soon, hoping to find a solution that works for everyone.

**But for the foreseeable future,** while the commission is working on the letter and Wood searches for solutions, CRV deposits have become more of a levy for Humboldt County residents.

"Without [CRV] recycling, [the deposit] just becomes a tax for consumers," Fillmore said. "If you want your deposit back, you have to make a two- to four-hour round trip either to Crescent City or Redding."

That's what Hutchinson did, as she's one of the few willing to travel to Crescent City to redeem recyclables.

In an informal poll on the neighborhood app Nextdoor, the *Journal* found that (out of 81 votes in mostly Eureka neighborhoods) 47 percent of people said they were choosing to save their CRV recyclables until the redemption centers return, while 40 percent were opting to throw their CRV recyclables into their curbside bins. Seven percent were choosing to travel to a CRV redemption center out of the area, and 6 percent were simply throwing their CRV recyclables into the garbage. (Duffy said HWMA hasn't seen an overall uptick in recyclable material entering the waste stream, though.)

Randy Scott, general manager at Hambro Forest Products, Inc. — which operates Hambro's Recycling Center in

Crescent City — said in an email to the *Journal* that the redemption center estimates that more than half of its buy-back customers are from Humboldt County, coming from as far away as Garberville.

"We see a total of approximately 400 to 500 people per four-day week, 100-125 per day and some days 150," Scott wrote in the email. "We are happy to serve the folks from Humboldt."

But Scott is also warning customers of the possibility of the Hambro CRV Recycling Center's closure.

In an email, he attached a flier that reads, "Please help Hambro CRV Buy Back Center stay open. STATEWIDE CRV CRISIS. Scrap rate has fallen below a sustainable level. Hambro Operations at this level may be suspended. PLEASE CALL CAL RECYCLE."

Hutchinson, for her part, said she has lived in Myrtle town for 20 years and always redeemed her recyclables at the Eureka Recycling Center on Broadway. It was convenient, but now that its redemption service is closed, she's just stopped buying drinks that require CRV deposits until there's a place to redeem them.

"I don't think it's fair," she said. "The state shouldn't be allowed to charge me (a deposit) when I can't get it back." ●

*Iridian Casarez (she/her) is a Journal staff writer. Reach her at 442-1400, extension 317, or iridian@northcoastjournal.com. Follow her on Twitter @IridianCasarez.*

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# Crab Cioppino

A recipe from Ferndale's old days

By Rod Kausen

onthetable@northcoastjournal.com



The bar at the Ivanhoe in 1947, likely smelling of Dungeness crab cioppino.

Photo courtesy of the Ferndale Museum

**M**y mom's recipe for crab cioppino became well known at the Ivanhoe in Ferndale when my dad owned it in the late 1940s. They were raising my two older sisters before the rest of us were born. Maybe my mom was raising them, as my dad was a bar owner. Her recipe was locally famous and, as I was growing up, we would host cioppino feeds at our home for friends during the crab season.

She always cooked the crab live in the sauce — that is what a true cioppino is — thinned with lots of wine for serious sourdough bread dipping. My uncle worked for Parisian Bread in San Francisco and always supplied us with the best loaves.

Cioppino is essentially an Italian tomato sauce with wine, made to go with bread instead of pasta. Some ingredients can be borrowed from cioppino's French cousin bouillabaisse, which typically has a variety of other seafood, particularly white fish, and a fish broth base flavored with saffron and orange. Potatoes, onions and leeks are often added. There are similar dishes around the Mediterranean ports.

Italian immigrants in the late 1800s, many from the Genoa port on the Ligurian Sea on the northwest side of Italy near

Morocco, would come back with a lack of catch and pass the pot around asking others to "chip in" to the *cioppin* (from the Genoese for "little soup"). These immigrant fisherman came to San Francisco at the turn of the century, fished off Meiggs wharf and lived in North Beach. Like back home, fishermen asked one another to add the leftover catch of the day to the pot. It could be squid, scallops, shrimp, clams or mussels, but especially Dungeness crab. Cioppino, served with a bib, became a staple of Italian restaurants in North Beach.

Many fisherman around Humboldt County were also Italians. The Lazio family, of the storied Lazio's seafood restaurant on the Eureka waterfront, was close with the Aliotos on Fisherman's Wharf and traded recipes. I'm not sure how my Swiss mother developed or learned this recipe, but she grew up with Italians on the outskirts of Ferndale.

I use two big pots and make more than the recipe below, as I like to freeze it in jars and break out a cioppino feed in the summer. Seven or eight crab should serve nine to 10 people with the sauce and bread rounding out the meal. I use extra sherry in one pot to make it sweeter. You can use a little sugar but I don't. Over the years, I have added extras to my mom's recipe,

including: chili pepper and chili flakes for zip, oregano, fresh ginger root, more wine and more celery, a little red wine vinegar and sometimes saffron borrowed from that French cousin. Sadly, we haven't had fish feeds this year. But you can enjoy half the recipe now and the rest later, maybe with friends.

## Dungeness Crab Cioppino

You can substitute pre-cooked crab for live, adding it to the pot later and simmer for a shorter time. It is still tasty but not quite the real thing. Serves 9-10.

Ingredients:

- 7-8 whole live Dungeness crab
- 1½ cups olive oil
- 3-4 onions (red or yellow), chopped
- 1 cup celery, chopped
- 12 cloves garlic, chopped
- Freshly ground pepper
- 4 28-ounce canned tomatoes
- 24 ounces canned tomato sauce
- 5 teaspoons dry basil
- 1½ cups Italian flat-leaf parsley, chopped
- 4 bay leaves
- 25 whole peppercorns
- 6 teaspoons salt

- ½ bottle cheap red wine, more to taste
- ½ bottle sherry, more to taste
- 5 sprigs fresh rosemary,

In a large stock pot, sauté the olive oil, onions, celery, ground pepper and garlic over medium heat until the onions are translucent.

Add the canned tomatoes, tomato sauce, basil, Italian parsley, bay leaves and peppercorns. Stir in the salt, wine and sherry.

Bring the pot to boil over medium-high heat, then reduce the heat, cover and simmer for 20 minutes, adding more wine to thin or sherry to sweeten, if desired.

Meanwhile, wash off the live crab and crack their shells slightly, exposing the meat just a little so some of the sauce's flavor seeps into the meat while cooking.

Add the cracked crab to the bubbling sauce, turn down to low heat and simmer 4-6 hours, adding optional spices as you see fit.

Serve with lots of sourdough bread, hand towels for each guest, crab forks or crab crackers, extra bowls for the shells and lots of vino. Bibs are required.

●  
Rod Kausen (he/him) is a retired teacher and coach.

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NCJ GET OUT

# Sharing our Waters with Other Mammals

And knowing when you're too close

By Jeanette Cooper

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**H**umboldt County's has one of the richest and most diverse populations of marine life in California, as well as some 135,558 people, plus visitors. My family, like many others, is particularly active in the waterways, especially kayaking and surfing in spaces shared by other mammals. Even though we know the animals are there, encounters come as a surprise and can have frightening or even dangerous consequences unless we are aware and prepared.

Paul O'Connor tests the waters of Big Lagoon for the Big Lagoon Rancheria, often while kayaking near sunrise. He has witnessed an array of wildlife at various locations and seasonal intervals, including Roosevelt elk herds feeding inside the lagoon at least six times per year. I have personally spotted them at several places at the shoreline.

Elk are most active while feeding and can be unpredictable and dangerous, especially during calving (spring) or rutting (autumn) seasons. We really need to give them space — hundreds of feet. If they lift up their heads from eating to look at you, you are too close. A male can weigh more than 1,000 pounds and if he should charge, shallow waters will not slow him down — he can run much faster than you can paddle or swim.

River otters also use the near-shore waters. But don't let their title mislead you; some of these live in marine environments, like the marsh and the lagoons. They are most commonly sighted while fishing. O'Connor has spotted many at Big Lagoon. They are generally wary of humans, but have also been known to occasionally be aggressive when threatened. The best approach is to give them a wide berth.

P. Dawn Goley, marine biologist and professor of zoology at Humboldt State University, reminds us that marine mammals are federally protected. We have a responsibility to keep 100 meters of distance from them. Most of the time when animals are negatively impacted by humans in the near-shore waters, it is inadvertent.

According to Goley, some of the most common mammals sighted in near-shore waters are a group of animals called pinnipeds including harbor seals, Steller sea lions, and California sea lions. They frequent our harbors, the offshore rocks, where they rest, and the near-shore waters, where they feed.

Harbor seals are the most frequently

encountered pinniped because they are typically in our area year-round. These white and black speckled creatures tend to hang out at river mouths and haul out on near-shore rocks. They are a bit skittish of people and likely to become disturbed if someone gets close to them. If a human approaches while they are on the rocks, they will go into the water, causing the seal to expend energy on evading the human and disrupting its rest and warming period. Frequent approaches cause these animals a substantial amount of stress. Imagine needing to be prepared for humans or animals invading your bedroom at any moment, unable to get the rest you need. This is the sort of anxiety that humans can inadvertently cause these animals.

Harbor seals are most vulnerable in the spring when they're pupping. Mother seals will leave their pups on the beach to rest while they forage, then go back to retrieve them. If the pup is moved, there is a risk it may never be reunited with its mother. The National Oceanic and Atmospheric Administration (NOAA) has Marine Life Viewing Guidelines that state we should remain at least 50 yards away from seals. A good rule of thumb is if, like the elk, a seal lifts its head at your approach, you are too close.

Goley says there are predominantly two types of sea lions found here, the Stellar sea lion and the California sea lion, appearing at different times of year. Stellar sea lions breed here in the early summer and, like harbor seals, are particularly vulnerable when they are pupping. They haul out in Trinidad in the late spring, summer and sometimes into winter. My son encountered one while surfing this summer. He was on his surfboard, just beyond the break line. It was a rare encounter with a particularly curious sea lion that decided to take a little bite of the side of his board. California sea lions don't breed in Humboldt County, so there are very few here during the summer months. The males, however, inhabit our area during the fall and winter months. Like the harbor seals and Stellar sea lions, they are most commonly impacted if they are approached when they are out on the rocks.

Jeffrey Steinkamp, owner of Moonstone Beach Surf Camp, has surfed the waters of Humboldt County for about 35 years. His most aggressive encounter to date, however,



River otters at the Arcata Marsh and Wildlife Sanctuary. Give them some space. Photo by Mark Larson

was not with a mammal. A goose attacked him and hit him in the head five or six times. He tells his surfing students that if they encounter an animal while in the water, they should "stay calm, move slowly, catch a wave to the beach and do not approach them." Solid advice.

Another group of marine mammals found in near-shore waters are cetaceans: toothed whales, such as dolphins and porpoises, and baleen whales. NOAA suggests remaining at least 100 yards away. Harbor porpoises, which are black with small triangular dorsal fins, are the most common toothed whale hanging out near shore. Because of their reclusive nature, we don't usually disturb each other.

We do have killer whales coming by periodically but they are typically further offshore and beyond the range of human recreational use. Gray whales, however, are near-shore visitors. They are typically here during migration, winter through early summer, and can sometimes be found in large numbers. According to Goley, they arrive in the spring with their offspring and are particularly vulnerable, which can lead to feeling threatened and becoming aggressive. They need to be given lots of space, at least 100 yards.

An awareness of basic animal behavior in the near-shore waters can be especially helpful for keeping humans safe. Marine predators in our area feast on salmon and other fish, which can be found at river mouths. Avoid mixing with the food source and you won't be confused for food.

Even if the details or timing of animal behaviors escape us, we should at least apply some basic rules whenever using the near-shore waters: 1. Acknowledge that we are sharing spaces with other mammals. 2. Avoid wild animals. 3. Give animals as much space as you can. 4. Do not approach them or try to touch them.

Goley's rule of thumb is, "If you notice that the animals are changing their behavior, either coming toward or away from you, that means you are too close."

Jeanette Cooper (she/her) is a freelance writer and educator.



# Coastal Rivers Brace for More Rain

By Kenny Priest

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Just as the steelhead season began to show signs of life, another round of wet storms is set to wreak havoc. All the coastal rivers are bracing for increased river flows certain to curtail any hopes of green water for some time. But these storms bring a little good news with them. For the first time this year, we should see a good amount of snow in the hills. That's money in the bank for winter steelhead fishermen. As the storms move through and the rivers begin to recede, the runoff from the snow will help keep the water at fishable heights and color. Looking ahead, the Smith could be the river least impacted by the storms. It's predicted for a big rise overnight Wednesday, but a lot of that precipitation could fall as snow. If that plays out, the Smith could remain fishable. All the other coastal rivers will likely be high and off color well into next week.

## The weather ahead

According to Kathleen Zontos of Eureka's National Weather Service office, we're in for a wet week with very few breaks. From Tuesday through early Friday morning, 2 to 4 inches of rainfall is forecast for the Smith basin," said Zontos. "We'll likely see up to 3 inches in Humboldt. A weaker system is predicted for Friday and into Saturday, with a quarter to an inch forecast for Del Norte. Rainfall amounts will be lower here locally. A more powerful storm is forecast for Sunday, bringing another 1 to 2 inches of rain in the Smith and Eel basins. Conditions will begin to calm down Tuesday, as the Climate Center is predicting below normal rainfall through Feb. 9."

## The Rivers

### Smith River

"Fishing has been pretty good this week," said guide Mike Coopman. "The

river is low and clear, but there's a few spots that are holding fish. If your timing is right, you can do well. We're averaging between three and six hookups per day, and all the fish are nice ones. Quite a bit of rain is predicted this week but if it stays cold, the river could remain fishable. It all depends on if it falls as rain or snow. Boat pressure has been light," he added.

### Chetco/Elk/Sixes/Rogue

Bigger tides have brought fresh schools of steelhead into the lower Chetco but rains could blow the river out again by the end of the week, reports Andy Martin of Wild Rivers Fishing. "Fishing is still slow to fair but some guides are getting two to three steelhead a day," said Martin. "The best fishing has been on the lower river, where hatchery steelhead are showing up at Freeman, the North Fork and Glassy Flat. Plunkers had a few good days last week and should do well again with this week's rain."

The Lower Rogue has been fishing well near the old mill, according to Martin. "Boaters are anchoring and catching wild and hatchery steelhead on 3.5 MagLips. Plunkers are getting fish at Huntley Park and Lobster Creek. The Elk and Sixes have been slow overall for steelhead, but should see new fish with this week's bigger tides and rain," said Martin.

### Eel River (main stem)

The main stem Eel has been fishing since last week and was just starting to kick out some decent numbers of fish. It's predicted to blow out Wednesday with a big rise reaching nearly 19,000 cubic feet per second. It'll need a week to 10 days of dry weather to clear.



McKinleyville resident Scott McBain holds a nice wild steelhead landed on Monday while fishing the Eel River.

Photo courtesy of Joe Polos

### Eel River (South Fork)

The South Fork was in great shape over the weekend and there were quite a few boats taking advantage of the conditions. There were a few fish caught and scores ranged from zero to three fish per boat. It's also predicted to blow out Wednesday, with flows pushing 7,500 cfs. It's forecast to be at a fishable level by Monday but that might be pushing it.

### Van Duzen

The Van Duzen had been in fishable shape for the past week, but that looks to change. Flows were under 200 cfs Tuesday but predicted to hit 1,300 Thursday night.

### Mad River

According to Justin Kelly of RMI Outdoors, fishing remains a little tough on the Mad. "It hasn't been great but it does seem that more fish are starting to show up," said Kelly. "Most of the fish are still congregating near the hatchery. With the storms coming this week, conditions will change dramatically. The river is predicted to blow out Wednesday and will likely be dirty through the weekend," Kelly added.

Read the complete fishing roundup at [www.northcoastjournal.com](http://www.northcoastjournal.com).

Kenny Priest (he/him) operates Fishing the North Coast, a fishing guide service out of Humboldt specializing in salmon and steelhead. Find it on Facebook, Instagram, YouTube and [www.fishingthenorthcoast.com](http://www.fishingthenorthcoast.com). For up-to-date fishing reports and North Coast river information, email [kenny@fishingthenorthcoast.com](mailto:kenny@fishingthenorthcoast.com)

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# Tips for Post-Inaugural Adjustment

By Jennifer Fumiko Cahill

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**M**uch has already been written about the disappointed superfans and QAnon followers left rudderless after former President Trump exited the White House with nary an executed Satanist pedophile or vice president, no mass arrests and no overturning of the election. But diehard worshippers and disgruntled Proud Boys are not the only ones suddenly adrift as “My Way” played against the pulse of helicopter blades.

Many of us spent the last four years in adrenal overdrive, doomscrolling into the wee hours and waking to fight-or-flight signals pinging around our brains like pinballs with our first glimpse of the news. The pandemic wound us even tighter and the siege on the Capitol threw our engines into anxiety/rage gears even marginalized people didn’t know we had. If you watched the inauguration with your molars locked together, worried Lady Gaga’s giant dove brooch might be rigged to explode, or that at any moment an M. Night Shyamalan plot twist might vanish the whole scene like a sand painting, you’re not alone. Let’s tackle some common adjustment issues.

**I’ve started sleeping six, even seven hours a night. It’s super disorienting.**

Lying down and actually falling asleep now feels like some form of narcolepsy. Why aren’t you staring at the ceiling, wondering if your right to marry, serve in the military or use the appropriate bathroom will be invalidated, or if your aunt will be able to re-enter the country after traveling overseas? Why aren’t you waking up in an icy sweat, panicking over whether your health insurance will be repealed? Waking up rested doesn’t have to freak you out or throw off your clock. Change up your bedtime routine with a little aromatherapy by spritzing Lysol on your pillow to remind

you we’re still battling a mutating virus. Breathe deep and before you know it, you’ll bolt upright in bed, panting from a stress dream about wading into unmasked crowds. That’s a good one.

**Marching was my cardio. What do I do now?**

Ah, yes. With brunch and sleeping in put aside for carrying signs and shouting mostly in unison, it was easy to get in shape protesting each fresh horror, whether it was family separation, gun violence or the administration’s rush toward ecological disaster. The pandemic put a damper on gatherings but many still masked up in support of Black Lives Matter. Those marches sometimes included fleeing pepper balls and sprints away from drivers gunning their engines. So what now? Well, you could walk for literally no reason. It may feel unnatural at first but if you chant quietly to yourself, you get used to it. And last we checked, police use of deadly force against BIPOC hadn’t magically ended, we’re still careening toward global ecological disaster and migrant families have yet to be reunited, so best to keep your marching muscles toned.

**I can still feel Jared Kushner’s cursed Victorian doll eyes on me.**

We all feel it. It lingers.

**I think I’m permanently acclimated to chaos.**

While the new administration is still run by fallible humans, there’s going to be some whiplash after the constant fusillade

to which your synapses have become accustomed. Over the last four to five years, your brain has established as a kind of baseline the spectacle of advisers like Omarosa and the My Pillow guy, hair color dripping down Rudy Giuliani’s temples like an unattended fraud-scented candle, scandals involving porn actors, televised sedition and white supremacists waving their flags in the Capitol rotunda. Now your poor, taxed melon has to come down from all that adrenaline. In terms of what your shock and horror receptors are used to, it’s like swapping out back-to-back speedballs for Tab. Try keeping a disaster movie playing in the background as you go through your day, slowly weaning yourself until you only need to watch the White House explode or glaciers level the Eastern Seaboard a couple times a day to feel on an even keel.

**Is being anti-Trump ... my personality now?**

Maybe! But is it really the man, or is it the broad acceptance of greed, corrup-

tion, racism, political opportunism, misogyny, homophobia and very bad dancing? Because that’s just having principles and the world still needs people actively working against whatever evil is about to burst forth from Stephen Miller’s forehead and reminding straight people what the song “Y.M.C.A.” is actually about.

Flip all those things you’re against into who and what you stand for — see what that looks like. Those people and ideals will need defending, and maybe now that you can catch your breath and eat a sandwich in peace, that will feel less like an emergency response and more like you. Well, the you forever trapped under Kushner’s glassy gaze, anyway.

Yeah, that’s never going away.

Jennifer Fumiko Cahill (she/her) is the arts and features editor at the Journal. Reach her at 442-1400, extension 320, or jennifer@northcoastjournal.com. Follow her on Twitter @JFumikoCahill.



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# Calendar

Jan. 28 – Feb. 4, 2021



Sasha Lurje. Photo by Abhishikta Vanga

If you're kicking yourself because you missed Temple Beth El's Yiddish Music Festival last year, don't kvetch, it's back! The Humboldt Jewish Music and Culture Festival, a celebration of Yiddish and Sephardic culture, music and cuisine, is happening Feb. 4-11 via Zoom. Highlights of this year's week-long event include Cabaret Culture in Interwar Poland, a multimedia presentation by Jewish music specialist Ellie Shapiro; Old Time Yiddishkeit: A Heymish day of Yiddish Folk Culture featuring Latvian singer Sasha Lurje and American violinist Craig Judelman; Let's Invite Bubbe to Dinner: a cooking class with the Sarabia chefs; and Singing the Diaspora: Sephardic Songs from Turkey to Morocco, with Sephardic music ensemble Flor de Kanela (including Humboldt's own cellist Kira Weiss). Prices for the events are \$15-\$30, or \$60 for the all-event pass. And let's not forget the food! On Sunday, Feb. 7, pre-ordered traditional Jewish baked goods and lunch will be offered by the Sarabia chefs. Get the full menu, details and ticket at [www.templebethelureka.org](http://www.templebethelureka.org).



San Jose Taiko. Photo by Keilee Photography

Jan. 30 is civil rights leader Fred Korematsu's birthday and California honors his legacy with the annual Fred Korematsu Day Of Civil Liberties and the Constitution. This year, join Humboldt Asians & Pacific Islanders in Solidarity (HAPI, formerly Taiko Swing Humboldt) and Humboldt State University's Asian Desi Pacific Islander Collective, the HSU Library and the critical race, gender and sexuality studies department on Saturday, Jan. 30 at 3 p.m. for an online "multi-faceted streamed event and facilitated discussion," including a condensed version of Swingposium on the Road, featuring San Jose Taiko and the HSU Jazz Orchestra. Register in advance at [www.hsu.link/Zio](http://www.hsu.link/Zio) for the free event.



Casandra Kelly and Rachael Patton. Photo by Carolyn Jones

Snap up a savory and tasty vegetarian meal courtesy of local chefs Casandra Kelly and Rachael Patton at Brunch (To Go) in Bayside happening Sunday, Jan. 31 from 10 a.m. to 1 p.m. at Bayside Community Hall. They've prepared a healthy and hearty meal of white beans, greens and sweet things with all proceeds supporting the restoration of the Hall's 80-year-old wood frame windows. Check out the full menu and preorder by visiting [www.baysidecommunityhall.org](http://www.baysidecommunityhall.org) (\$12 advance/\$15 at door plus tax). Remember to wear your mask to pick up your meal.

## 28 Thursday

### ART

**ArtBiz Virtual Online Auction.** Virtual World, Online. Original and limited edition local art auction open for online viewing and bidding until Jan. 31. Hosted by Carl Johnson Co. auctioneers. [www.eurekachamber.com/art-biz](http://www.eurekachamber.com/art-biz). 442-3738.

**Ink People's Annual Color Show: Metallic.** Virtual World, Online. A virtual show to kick off 2021. At [www.inkpeople.org/tuxford-gallery-shows/ink-people-annual-color-show-metallic](http://www.inkpeople.org/tuxford-gallery-shows/ink-people-annual-color-show-metallic).

### DANCE

**Dances of Brazil.** 5:30 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. Learn Brazilian dances with instructors Rocío Cristal and María Vanderhorst. All levels. Limited to five people. Register online. \$15. [talavera.rocio@gmail.com](mailto:talavera.rocio@gmail.com).

### LECTURE

**Klamath Mountains Winter Webinar Series.** 7 p.m. Virtual World, Online. Series sharing stories of how geology, climate, fire and water help create the biological abundance of the Klamath Mountains. Register online. \$69 for the 10-part series, \$10 per class. [www.backcountrypress.com/klamath/webinar-series](http://www.backcountrypress.com/klamath/webinar-series).

**Staying Safe Along the California Coast.** 2 p.m. Virtual World, Online. California State Parks lifeguards and ocean interpreters discuss recreating responsibly, sneaker waves, long-period swells, rip currents and what to do. Pre-register at [www.ports-ca.zoom.us/](http://www.ports-ca.zoom.us/)

[www.facebook.com/CaliforniaStateParks](https://www.facebook.com/CaliforniaStateParks).  
webinar/register/WN\_9AolbGeKT\_i321o0lvfRxw?fbclid=IwAR22Ft576mZKiGbqFe\_LRDbkhA2FI\_HFqSO-MAAk98GEsp7Fn5YBoT7W4uw or watch live on Facebook.

### MUSIC

**James Zeller Hosts the J St. Regulars Radio Hour.** 7-8 p.m. Virtual World, Online. Tune in for heartwarming versions of classics in many genres and original tunes. Via Facebook and Instagram @creative.sanctuary. Free, donations encouraged. [music@sanctuaryarcata.org](mailto:music@sanctuaryarcata.org). [www.facebook.com/thesanctuaryarcata](http://www.facebook.com/thesanctuaryarcata). (646) 245-6865.

**Quarantine Sing-a-long.** Ongoing, 7 p.m. Virtual World, Online. A Facebook group to join if you like fun group singing. Song of the day posted at 3 p.m., sing starts at 7 p.m. Free. [www.facebook.com/groups/quarantinesingalong](https://www.facebook.com/groups/quarantinesingalong).

### SPOKEN WORD

**The Writers Lounge via Zoom.** 7:30 p.m. Virtual World, Online. A writing workshop geared toward stand-up and comedy. Zoom Room: 857 4217 6054. Password: writers. Join Zoom Meeting [www.us02web.zoom.us/j/85742176054?pwd=dWp4UGVqaUVYQ0wzekVnZkZ0VIMzZz09](https://www.us02web.zoom.us/j/85742176054?pwd=dWp4UGVqaUVYQ0wzekVnZkZ0VIMzZz09).

### EVENTS

**Restoring the Balance: Preparing Tribal Food Systems for Uncertain Times.** Virtual World, Online. Speakers, panels and inspiring stories about how Northern California tribes are exercising their sovereignty. Register on Eventbrite: [www.nctcc-rtb-2021.eventbrite.com](http://www.nctcc-rtb-2021.eventbrite.com) for Zoom login. Free. [www.nctcc.org/](http://www.nctcc.org/)

[restoringthebalance2021](https://www.facebook.com/restoringthebalance2021).

### FOR KIDS

**Fortuna Library Recorded Readings.** Virtual World, Online. Hosted by the Fortuna Branch Library on its Facebook page, [www.facebook.com/HumCoLibrary-Fortuna](https://www.facebook.com/HumCoLibrary-Fortuna).

**Virtual Junior Rangers.** 11:30 a.m. Virtual World, Online. North Coast Redwoods District of California State Parks offers kids' programs and activities about coast redwoods, marine protected areas and more, plus Junior Ranger Badges. Register online and watch live. [www.bit.ly/NCRDVirtualJuniorRanger](http://www.bit.ly/NCRDVirtualJuniorRanger).

### OUTDOORS

**Live from Behind the Redwood Curtain.** Ongoing, 3-3:30 p.m. Virtual World, Online. California State Parks' North Coast Redwoods District is broadcasting programs featuring tall trees and rugged seas from state parks via Facebook. Free. [www.facebook.com/NorthCoastRedwoods](https://www.facebook.com/NorthCoastRedwoods).

**Mad River Steelhead Derby.** 6 a.m. Virtual World, Online. The three biggest hatchery steelhead win cash and prizes from sponsors and partners. Register at Bucksport, RMI Outdoors or online. Derby fees: adult \$35, youth \$20. [www.ncgasa.org](http://www.ncgasa.org).

### ETC

**English Express: An English Language Class for Adults.** Ongoing. Virtual World, Online. This class offers pronunciation, speaking, reading, writing, vocabulary, verb conjugations and common expressions. All levels welcome. Join anytime. Free. [www.englishexpressempowered.com](http://www.englishexpressempowered.com).

**KEET What's on Your Bucket List?** 7:30 p.m. Virtual World, Online. Six-part series featuring 12 local people acting out their bucket list adventures. On KEET Ch. 13.

**Redwood Prep Charter School Open Enrollment.** Virtual World, Online. The charter school is accepting new students for the upcoming school year. Interested families must submit an "Intent to Enroll" form from the website. New student selection lottery is on March 3. [secretary@redwoodprep.org](mailto:secretary@redwoodprep.org). [www.redwoodprep.org](http://www.redwoodprep.org). 682-6149.

**Restorative Movement.** 10:30-11:30 a.m. & 1:30-2:30 p.m. Virtual World, Online. SoHum Health presents classes focused on strength and mobility (Tuesday), and on relaxation and breath work (Thursday). Contact instructor Ann Constantino for online orientation. Free. [annconstantino@gmail.com](mailto:annconstantino@gmail.com). [www.sohumhealth.org](http://www.sohumhealth.org). 923-3921.

**Virtual Meditation & Mindfulness Class.** 5-6 p.m. Virtual World, Online. Join on Zoom at the Abbey of the Redwoods for a 1-hour meditation and mindfulness class with three group meditations, guidance and Q&A. Suitable for all levels. Free. [mindfullymatt@gmail.com](mailto:mindfullymatt@gmail.com). [us02web.zoom.us/j/86371764436?pwd=alHjaVBoRC93cHd0ckcwQlFkd2ltZz09](https://us02web.zoom.us/j/86371764436?pwd=alHjaVBoRC93cHd0ckcwQlFkd2ltZz09).

## 29 Friday

### ART

**ArtBiz Virtual Online Auction.** Virtual World, Online. See Jan. 28 listing.

**Ink People's Annual Color Show: Metallic.** Virtual World, Online. See Jan. 28 listing.

### MUSIC

**James Zeller Hosts the J St. Regulars Radio Hour.** 7-8 p.m. Virtual World, Online. See Jan. 28 listing.

**King Maxwell Quarantine Funk #9.** 9-11 p.m. Virtual World, Online. King Maxwell spins funk, soul, electro, disco, roller skating jams and boogie, and adds vocoder flavor. Free. [arcatasoulpartycrew@gmail.com](mailto:arcatasoulpartycrew@gmail.com). [www.youtube.com/watch?v=pssTRY5HLAK](https://www.youtube.com/watch?v=pssTRY5HLAK).

**Quarantine Sing-a-long.** Ongoing, 7 p.m. Virtual World, Online. See Jan. 28 listing.

**Shelter n Play.** 6 p.m. Virtual World, Online. Public group on Facebook made up of locals. Open mic for all skill levels, all styles, everyone's welcome to watch or perform. Sign-ups Wednesdays at noon. [www.facebook.com/groups/224856781967115](https://www.facebook.com/groups/224856781967115).

### EVENTS

**The Curiosity Hour: Weekly Double Dose of Weird with Vee Decay.** 8 p.m. Virtual World, Online. An evening of strange tales, live chats and parlor games hosted by Altar Ego: Curious Art & Fashion Design. [www.facebook.com/events/939880849742122](https://www.facebook.com/events/939880849742122).

**Restoring the Balance: Preparing Tribal Food Systems for Uncertain Times.** Virtual World, Online. See Jan. 28 listing.

### FOR KIDS

**School-age Storytime.** 11 a.m. Virtual World, Online. Hosted by the Arcata Branch Library via Zoom. To sign up, email [sparsons@co.humboldt.ca.us](mailto:sparsons@co.humboldt.ca.us) or call 822-5954.

### OUTDOORS

**Critical Mass.** Last Friday of every month, 6-7 p.m. Arcata Plaza, Ninth and G streets. Community bike ride through town 6 feet apart with masks. Free. [www](http://www).

Continued on next page »



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## NCJ CALENDAR

Continued from previous page

[instagram.com/criticalmass\\_arcata](https://www.instagram.com/criticalmass_arcata).

**Live from Behind the Redwood Curtain.** Ongoing. 3-3:30 p.m. Virtual World, Online. See Jan. 28 listing.

**Mad River Steelhead Derby.** 6 a.m. Virtual World, Online. See Jan. 28 listing.

### ETC

**A Call to Yarns.** Noon-1 p.m. Virtual World, Online. A weekly Zoom meetup for knitters and crocheters. Sign up using the Google form for an email invitation. Free. [sparsons@co.humboldt.ca.us](mailto:sparsons@co.humboldt.ca.us). [www.forms.gle/CkdbZSbjckZQej89](http://www.forms.gle/CkdbZSbjckZQej89). 822-5954.

**English Express: An English Language Class for Adults.** Ongoing. Virtual World, Online. See Jan. 28 listing.

**Redwood Prep Charter School Open Enrollment.** Virtual World, Online. See Jan. 28 listing.

**Tabata.** 5:30-6:30 p.m. Virtual World, Online. SoHum Health presents online classes with short, high intensity cardio workouts. Contact instructor Stephanie Finch by email for a link to the class. Free. [sfinch40@gmail.com](mailto:sfinch40@gmail.com). [www.sohumhealth.com](http://www.sohumhealth.com).

## 30 Saturday

### ART

**ArtBiz Virtual Online Auction.** Virtual World, Online. See Jan. 28 listing.

**Ink People's Annual Color Show: Metallic.** Virtual World, Online. See Jan. 28 listing.

**Pop Up Show.** Noon-4 p.m. Canvas + Clay Studio, 139 C St., Eureka. Featuring art by Nichole McKinney and Dave O. Groups of five people will be admitted at a time. Please wear a mask.

### BOOKS

**Reading in Place - An Online Reading Group.** 1 p.m. Virtual World, Online. Sign up online for a Zoom meeting invite and the week's reading for discussion. [www.forms.gle/zKymPvcDFDGT7JEP9](http://www.forms.gle/zKymPvcDFDGT7JEP9).

### MUSIC

**Art & Music - A Weekend Thing.** 2-4 p.m. Virtual World, Online. A weekly collaboration of musical covers and original songs alongside live art production. On Facebook at [facebook.com/EmRArt](https://www.facebook.com/EmRArt). [emily@emilyreinhart.com](mailto:emily@emilyreinhart.com). [www.facebook.com/EmRArt](https://www.facebook.com/EmRArt).

**EmRArt with James Zeller.** 2-4 p.m. Virtual World, Online. Cross-platform entertainment from remote locations. James Zeller plays jazz from Arcata, and Emily Reinhart lays charcoal on birch wood in Eureka. Watch via Facebook ([www.facebook.com/EmRArt](https://www.facebook.com/EmRArt)) or by YouTube. Free. [emily@emilyreinhart.com](mailto:emily@emilyreinhart.com). [www.youtube.com/channel/UCIcGc\\_-RErDvHWjNBsbhIQ](https://www.youtube.com/channel/UCIcGc_-RErDvHWjNBsbhIQ).

**Quarantine Sing-a-long.** Ongoing. 7 p.m. Virtual World, Online. See Jan. 28 listing.

**WCA Dance Night.** 7 p.m. Virtual World, Online. Funk, R&B, disco, electronic, hip-hop, rock, world music, Afro-beat and Latin with DJ Eric Einem via Zoom. Free. [www.zoom.us/j/99971608453?pwd=M-WUwaJwQW5TSnF5WDVud2FwazVDZz09&fbclid=IwAR0o9CSuQvaVR3Y9VtVo355oUy0jltq3QZw-P26MZacBS5gXsr6nWGBEwcg#success](https://www.zoom.us/j/99971608453?pwd=M-WUwaJwQW5TSnF5WDVud2FwazVDZz09&fbclid=IwAR0o9CSuQvaVR3Y9VtVo355oUy0jltq3QZw-P26MZacBS5gXsr6nWGBEwcg#success).

### EVENTS

**Club Triangle Streaming Saturdays.** Virtual World, Online. Weekly online queer variety show. Submissions accepted daily. Post your art on social media and tag @clubtriangle. #coronoshebettadont. Free.

[www.facebook.com/clubtriangle](https://www.facebook.com/clubtriangle).

**Fred Korematsu Day Of Civil Liberties and the Constitution.** 3 p.m. Virtual World, Online. A streamed event and discussion. Watch *Swingposium on the Road*, featuring San Jose Taiko and the HSU Jazz Orchestra, performances by San Jose Taiko and Gary Ronne of Humboldt Taiko. Register in advance at [www.hsu.link/Zio](https://www.hsu.link/Zio). Free. [indd.adobe.com/view/a9f73fcl-8a52-4894-b428-e6ald29f44ac](https://indd.adobe.com/view/a9f73fcl-8a52-4894-b428-e6ald29f44ac).

### FOR KIDS

**Preschool Storytime.** 11 a.m. Virtual World, Online. Hosted by the Arcata Branch Library via Zoom. To sign up, email [sparsons@co.humboldt.ca.us](mailto:sparsons@co.humboldt.ca.us) or call 822-5954.

### FOOD

**Arcata Plaza Winter Farmers Market.** 10 a.m.-2 p.m. Arcata Plaza, Ninth and G streets. Every Saturday, rain or shine, Humboldt County farmers gather on the plaza to share their bounty. Current COVID safety guidelines online. Free. [info@northcoastgrowersassociation.org](mailto:info@northcoastgrowersassociation.org). [www.northcoastgrowersassociation.org](http://www.northcoastgrowersassociation.org). 441-9999.

### OUTDOORS

**Live from Behind the Redwood Curtain.** Ongoing. 3-3:30 p.m. Virtual World, Online. See Jan. 28 listing.

**Mad River Steelhead Derby.** 6 a.m. Virtual World, Online. See Jan. 28 listing.

### ETC

**English Express: An English Language Class for Adults.** Ongoing. Virtual World, Online. See Jan. 28 listing.

**Redwood Prep Charter School Open Enrollment.** Virtual World, Online. See Jan. 28 listing.

## 31 Sunday

### ART

**ArtBiz Virtual Online Auction.** Virtual World, Online. See Jan. 28 listing.

### COMEDY

**Sunday Service Comedy Open Mic: ZOOM.** 5 p.m. Virtual World, Online. Virtual stage-time with Pastor Paula for aspiring comics working out sets and trying to land jokes. Five-minute sets. Join the show at [www.us02web.zoom.us/j/82295455754](https://us02web.zoom.us/j/82295455754). Zoom room: 822 9545 5754. Password: comedy.

### MUSIC

**Love Duets: Art Songs and Opera Arias Live from Frankfurt, Germany.** 11 a.m. Virtual World, Online. The Trinity Alps Chamber Music Festival presents art songs and opera arias sung by mezzo soprano Cecelia Hall and tenor Samuel Levine, with accompanist Anne Larlee. Register online. Pay-what-you-can. [www.TrinityAlpsCMF.org](http://www.TrinityAlpsCMF.org).

**Quarantine Sing-a-long.** Ongoing. 7 p.m. Virtual World, Online. See Jan. 28 listing.

### FOOD

**Brunch (To Go) in Bayside.** 10 a.m.-1 p.m. Bayside Community Hall, 2297 Jacoby Creek Road. Vegetarian meal featuring Earthly Edibles garlic and herb beans and greens, salad, Humboldt Baking Co. caramelized onion toast and local jam coffee cake. Proceeds support hall restoration. Drive-by pick-up in case of rain. Wear your mask. \$12 pre-order by Jan. 27, \$15 plus tax.



thereafter. baysidecommunityhall@gmail.com. www.baysidecommunityhall.org. 599-3192.

**Food Not Bombs.** 4 p.m. Arcata Plaza, Ninth and G streets. Free, hot food for everyone. Mostly vegan and organic and always delicious. Free.

#### OUTDOORS

**Live from Behind the Redwood Curtain.** Ongoing, 3-3:30 p.m. Virtual World, Online. See Jan. 28 listing.

**Mad River Steelhead Derby.** 6 a.m. Virtual World, Online. See Jan. 28 listing.

#### ETC

**English Express: An English Language Class for Adults.** Ongoing. Virtual World, Online. See Jan. 28 listing.

**Redwood Prep Charter School Open Enrollment.** Virtual World, Online. See Jan. 28 listing.

## 1 Monday

#### ART

**Redwood Art Association 2021 New Year Exhibition.** -Aug. 31. Virtual World, Online. Virtual gallery exhibit in honor of Roy Grieshaber, who served as RAA Director for 15 years. www.redwoodart.us.

#### LECTURE

**Everything You've Always Wanted to Know about the Ink People, but Didn't Know to Ask.** Noon-1:30 p.m. Virtual World, Online. With executive director and co-founder Libby Maynard. Register online. [humboldtstate.zoom.us/meeting/register/tZAlf-GurjliGNJTnLNroD2-srj4EAO-eDf?fbclid=IwAR0o9CSuCqvaVR3Y9VtVo355oUy0Jltq3QZwP-26MZacBS5gXSr6nWGBEwcg](https://humboldtstate.zoom.us/j/6401111111).

**Tikun Olam & Tikun Nefesh: Restoring the World and Restoring the Soul.** 7-8:30 p.m. Virtual World, Online. 350 Humboldt presents Rabbi Naomi Steinberg discussing social and personal transformation, and performing related music. Register online to attend via Zoom or at 350 Humboldt's Facebook page. Free. [350humboldt@gmail.com](mailto:350humboldt@gmail.com). [www.actionnetwork.org/events/naomi-steinberg](http://www.actionnetwork.org/events/naomi-steinberg). 672-5039.

#### MUSIC

**James Zeller Hosts the J St. Regulars Radio Hour.** 7-8 p.m. Virtual World, Online. See Jan. 28 listing.

**Quarantine Sing-a-long.** Ongoing, 7 p.m. Virtual World, Online. See Jan. 28 listing.

#### THEATER

**Dell'Arte Spring Workshop - Character Laboratory with Lauren Wilson and Janessa Johnsrude.** Virtual World, Online. A dive into the creation of original, physical characters. Sign up online. [www.dellarte.com/school-of-physical-theatre/programs/online-workshops/?mc\\_cid=7e0e1b9101&mc\\_eid=f7d2b52240](http://www.dellarte.com/school-of-physical-theatre/programs/online-workshops/?mc_cid=7e0e1b9101&mc_eid=f7d2b52240).

**Dell'Arte Spring Workshop - Resistance Theatre with Michael Fields.** 6-9 p.m. Virtual World, Online. This workshop explores the vital connections of devising theater in connection to social movements of resistance. Sign up online. [www.dellarte.com/school-of-physical-theatre/programs/online-workshops](http://www.dellarte.com/school-of-physical-theatre/programs/online-workshops).

#### OUTDOORS

**Live from Behind the Redwood Curtain.** Ongoing, 3-3:30 p.m. Virtual World, Online. See Jan. 28 listing.

*Continued on next page »*

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## NORTHTOWN BOOKS

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## NCJ CALENDAR

*Continued from previous page*

**Mad River Steelhead Derby.** 6 a.m. Virtual World, Online. See Jan. 28 listing.

### ETC

**English Express: An English Language Class for Adults.** Ongoing. Virtual World, Online. See Jan. 28 listing.

**Redwood Prep Charter School Open Enrollment.** Virtual World, Online. See Jan. 28 listing.

**Tabata.** 5:30-6:30 p.m. Virtual World, Online. See Jan. 29 listing.

## 2 Tuesday

### ART

**Redwood Art Association 2021 New Year Exhibition.** Virtual World, Online. See Feb. 1 listing.

### COMEDY

**Savage Henry's BigFish Open Mic via Zoom.** 9 p.m. Virtual World, Online. Enjoy or participate in some stand-up open-mic Zoom style. Five-minute sets. Zoom: [www.us02web.zoom.us/j/86421967992](https://www.us02web.zoom.us/j/86421967992) Password: comedy.

### MUSIC

**Daniel Nickerson Hosts the J Street Regulars Radio Hour.** 7-8 p.m. Virtual World, Online. Artists give a one-hour program to connect, send healing music, educate on American music history, celebrate artists of color and more. Free, donations encouraged. [music@sanctuaryarcata.org](mailto:music@sanctuaryarcata.org). [www.facebook.com/thesanctuaryarcata](https://www.facebook.com/thesanctuaryarcata).

**James Zeller Hosts the J St. Regulars Radio Hour.** 7-8 p.m. Virtual World, Online. See Jan. 28 listing.

**Quarantine Sing-a-long.** Ongoing, 7 p.m. Virtual World, Online. See Jan. 28 listing.

### SPOKEN WORD

**Word Humboldt IG Open Mic Ft. Jah Smalls.** 6-8 p.m. Virtual World, Online. Tune in on Instagram Live for this spoken word open mic featuring Jah Smalls based out of Charlotte, North Carolina. Sign-up list will go out in the afternoon on Word Humboldt's IG page and people can also sign up in the comments. More at [www.facebook.com/events/187051623166251](https://www.facebook.com/events/187051623166251).

### THEATER

**Dell'Arte Spring Workshop - Character Laboratory with Lauren Wilson and Janessa Johnsrude.** Virtual World, Online. See Feb. 1 listing.

### FOR KIDS

**Tuesday Storytime with Ms. Tamara.** Virtual World, Online. Posted every Tuesday on Arcata Library's Facebook page, [www.facebook.com/HumCoLibraryArcata](https://www.facebook.com/HumCoLibraryArcata).

### MEETINGS

**Local Homesharing Info Session.** 1-1:30 p.m. Virtual World, Online. If you have a spare bedroom and could use extra income or help around the house, Northcoast Homeshare (a program of Area 1 Agency on Aging) can connect you with a compatible housemate. Join the weekly 30-minute Zoom informational session. Free. [homeshare@alaa.org](mailto:homeshare@alaa.org). zoom.us/j/2673010045?pwd=eTJvajlXaWR4eEMwOUERQlp-GZHBjZz09. 442-3763 ext. 213.

### OUTDOORS

**Live from Behind the Redwood Curtain.** Ongoing, 3-3:30 p.m. Virtual World, Online. See Jan. 28 listing.

**Mad River Steelhead Derby.** 6 a.m. Virtual World, Online. See Jan. 28 listing.

### ETC

**English Express: An English Language Class for Adults.** Ongoing. Virtual World, Online. See Jan. 28 listing.

**Redwood Prep Charter School Open Enrollment.** Virtual World, Online. See Jan. 28 listing.

**Restorative Movement.** 10:30-11:30 a.m. & 1:30-2:30 p.m. Virtual World, Online. See Jan. 28 listing.

**Virtual Yoga: Gentle Vinyasa Flow.** 5-6:15 p.m. Virtual World, Online. Join online at the Abbey of the Redwoods for a mellow vinyasa flow practice. Suitable for all levels, but previous yoga experience is helpful (due to the limitations of online instruction). Free. [mindfullymatt@gmail.com](mailto:mindfullymatt@gmail.com). [www.facebook.com/abbeyoftheredwoods](https://www.facebook.com/abbeyoftheredwoods).

## 3 Wednesday

### ART

**Redwood Art Association 2021 New Year Exhibition.** Virtual World, Online. See Feb. 1 listing.

### BOOKS

**On the Same Page Book Club.** 5:30 p.m. Virtual World, Online. Online book club that meets on the first Wednesday of the month on Zoom. Sign up using the Google form at [www.forms.gle/bAsjdQ7hKGqEgKj7](https://www.forms.gle/bAsjdQ7hKGqEgKj7).

### LECTURE

**Meet the Expert.** 5 p.m. Virtual World, Online. Humboldt-Del Norte Film Commissioner Cassandra Hesselstine interviews film industry professionals and discusses local filming. New videos posted to the commission's YouTube channel and social media. [www.youtube.com/channel/UCsbPoRUX8OJlzuLCUNlBxiw](https://www.youtube.com/channel/UCsbPoRUX8OJlzuLCUNlBxiw).

### MUSIC

**James Zeller Hosts the J St. Regulars Radio Hour.** 7-8 p.m. Virtual World, Online. See Jan. 28 listing.

**Quarantine Sing-a-long.** Ongoing, 7 p.m. Virtual World, Online. See Jan. 28 listing.

### THEATER

**Dell'Arte Spring Workshop - Character Laboratory with Lauren Wilson and Janessa Johnsrude.** Virtual World, Online. See Feb. 1 listing.

### EVENTS

**The Curiosity Hour: Weekly Double Dose of Weird with Veve Decay.** 8 p.m. Virtual World, Online. See Jan. 29 listing.

### FOR KIDS

**Preschool Storytime.** 11 a.m. Virtual World, Online. See Jan. 30 listing.

### OUTDOORS

**Live from Behind the Redwood Curtain.** Ongoing, 3-3:30 p.m. Virtual World, Online. See Jan. 28 listing.

**Mad River Steelhead Derby.** 6 a.m. Virtual World, Online. See Jan. 28 listing.

### ETC

**English Express: An English Language Class for Adults.** Ongoing. Virtual World, Online. See Jan. 28 listing.

**Redwood Prep Charter School Open Enrollment.** Virtual World, Online. See Jan. 28 listing.

**Reel Genius Virtual Trivia.** 6:30-8:30 p.m. Virtual World, Online. Create a team via Facetime, Skype, Messenger, Hangouts etc., order some food and brews from the Madrone and play while dining out-





doors, or enjoying takeout at home. Invite link will be posted prior to the event. [www.facebook.com/events/657139721581557](https://www.facebook.com/events/657139721581557).

**Tabata.** 5:30-6:30 p.m. Virtual World, Online. See Jan. 29 listing.

**Weekly Check-in with Rep. Huffman.** Noon. Virtual World, Online. Rep. Jared Huffman (D-San Rafael) will hold Facebook Live check-ins to engage with his constituents on the latest updates regarding the novel coronavirus pandemic and to answer questions about the federal response. More information at [www.huffman.house.gov/coronavirus](https://www.huffman.house.gov/coronavirus). Free. [www.facebook.com/rephuffman](https://www.facebook.com/rephuffman).

## 4 Thursday

### ART

**Redwood Art Association 2021 New Year Exhibition.** Virtual World, Online. See Feb. 1 listing.

### DANCE

**Dances of Brazil.** 5:30 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. See Jan. 28 listing.

### LECTURE

**Klamath Mountains Winter Webinar Series.** 7 p.m. Virtual World, Online. See Jan. 28 listing.

### MUSIC

**James Zeller Hosts the J St. Regulars Radio Hour.** 7-8 p.m. Virtual World, Online. See Jan. 28 listing.

**Quarantine Sing-a-long.** Ongoing, 7 p.m. Virtual World, Online. See Jan. 28 listing.

### SPOKEN WORD

**The Writers Lounge via Zoom.** 7:30 p.m. Virtual World, Online. See Jan. 28 listing.

### THEATER

**Dell'Arte Spring Workshop - Character Laboratory with Lauren Wilson and Janessa Johnsrude.** Virtual World, Online. See Feb. 1 listing.

### EVENTS

**Humboldt Jewish Music and Culture Festival.** Virtual World, Online. Temple Beth El's Zoom celebration of Yiddish and Sephardic culture, music and cuisine featuring Jewish music specialist Ellie Shapiro, classes, workshops, food and performances by Latvian singer Sasha Lurje, violinist Craig Judelman and Kira Weiss. Tickets and registration online. [www.templebeth-leureka.org](https://www.templebeth-leureka.org).

### FOR KIDS

**Fortuna Library Recorded Readings.** Virtual World, Online. See Jan. 28 listing.

**Virtual Junior Rangers.** 11:30 a.m. Virtual World, Online. See Jan. 28 listing.

### OUTDOORS

**Live from Behind the Redwood Curtain.** Ongoing, 3-3:30 p.m. Virtual World, Online. See Jan. 28 listing.

**Mad River Steelhead Derby.** 6 a.m. Virtual World, Online. See Jan. 28 listing.

### ETC

**English Express: An English Language Class for Adults.** Ongoing. Virtual World, Online. See Jan. 28 listing.

**Heads Up This Week.** See Jan. 28 listing.

**KEET What's on Your Bucket List?** 7:30 p.m. Virtual World, Online. See Jan. 28 listing.

**Redwood Prep Charter School Open Enrollment.** Virtual World, Online. See Jan. 28 listing.

**Restorative Movement.** 10:30-11:30 a.m. & 1:30-2:30 p.m. Virtual World, Online. See Jan. 28 listing.

**Virtual Meditation & Mindfulness Class.** 5-6 p.m. Virtual World, Online. See Jan. 28 listing.

## Heads Up ...

**Cooperation Humboldt invites** artists, social change workers and those who imagine a better tomorrow to participate in "Just Imagine," an ongoing public art show. Submit a piece by filling out the form and uploading electronic files of photos, videos, text or audio to [www.forms.gle/jdQJfrAdu7ZIULcz5](https://www.forms.gle/jdQJfrAdu7ZIULcz5). Email [coophumed@gmail.com](mailto:coophumed@gmail.com).

**Cooperation Humboldt's Community Food Guide (formerly the Local Food Guide by Locally Delicious) is seeking** photo and writing submissions for its Spring 2021 issue. The deadline to submit pitches/ideas is Jan. 31. Visit [www.cooperationhumboldt.com/food-guide-submissions](https://www.cooperationhumboldt.com/food-guide-submissions).

**The Humboldt Branch of Women's International League for Peace and Freedom is seeking** applications for its Edilith Eckart Memorial Peace Scholarship supporting projects that promote peace and social justice locally or globally. Grants range from \$150-\$500. Applications online at [www.wilphumboldt.wordpress.com/scholarship-information](https://www.wilphumboldt.wordpress.com/scholarship-information) are due April 1. Submit online or mail to: WILPF at P.O. Box 867, Arcata, CA 95518. Call 822-5711.

**The city of Arcata seeks** applicants for seats on the Transactions and Use Tax Oversight Committee. Community members with interest or knowledge of budgets, finance, fiscal processes and relevant community needs are encouraged to apply. Drop applications off in a sealed envelope labeled "City Manager's Office" at the city's drop boxes, located in the city hall parking lot off of Seventh Street and next to the USPS mailbox outside city hall at 736 F St. Visit [www.cityofarcata.org](https://www.cityofarcata.org) or call 822-5953.

**The city of Arcata is offering** curbside pickup and free delivery to all residents who purchase a compost bin. Backyard compost bins are available for \$25 by emailing the Environmental Services Department at [eservices@cityofarcata.org](mailto:eservices@cityofarcata.org) or by calling 822-8184.

**The city of Arcata is seeking** community members for the Planning Commission. Applications may be dropped off, in a sealed envelope labeled "City Manager's Office," at the city's drop boxes in the city hall parking lot and next to the USPS mailbox outside city hall. Visit [www.cityofarcata.org](https://www.cityofarcata.org) or call 822-5953.

**The Humboldt Arts Council is distributing** by CARES Act relief-funded grants to aid local arts organizations serving socially vulnerable populations not eligible for direct CARES Act grants. Details and application at [www.humboldtarts.org/cares-act-grant-application](https://www.humboldtarts.org/cares-act-grant-application).

**The county of Humboldt is seeking** additional applicants for the 2020/2021 Humboldt County Civil Grand Jury. Visit [www.humboldt.courts.ca.gov](https://www.humboldt.courts.ca.gov) or call 269-1245. Interested parties may also complete, download and email an application to: [GrandJuryApps@humboldtcourt.ca.gov](mailto:GrandJuryApps@humboldtcourt.ca.gov).

**The Arcata Police Department is looking** for Volunteer Patrol members. Contact Administrative Sgt. Brian Hoffman at 822-2428.

**The city of Arcata seeks** applicants for the Historic Landmarks Committee. Submit applications at the City Manager's Office at Arcata City Hall. Visit [www.cityofarcata.org](https://www.cityofarcata.org) or call 822-5953. ●

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# Uneasy Marks

*Promising Young Woman* and *In & of Itself*

By John J. Bennett

screens@northcoastjournal.com

Drinking men's tears with a paper straw to save the planet.

*Promising Young Woman*

**PROMISING YOUNG WOMAN.** To call men pigs or dogs more often than not does disservice to pigs and dogs, noble contributors both, though not without their faults. More apt to group them/us with ducks, whose inveterate gang rape I have observed and remain traumatized by, or a particularly nasty virus. Such comparisons are closer to the portrait of the male of the species painted by Emerald Fennell's feature debut, wherein they are held to the most basic standards — be not monsters — and consistently found criminally wanting. Their indictment is presented in a candied palette with Paris Hilton party music on the soundtrack, so it is perhaps not as dour an experience as it might seem.

Cassandra (Carey Mulligan), who might be or once have been the titular young woman, earnestly, ironically or both, has made a dramatic early-life career change. Once an enthusiastic, talented student enrolled in medical school with an even more precocious best friend, she has since dropped out, gotten a no-stakes job at a bakery/coffee shop, procured a closet full of splashy stilettos and club-girl clothes and remade herself as a sort of reality-check vigilante. Based on a vaguely referenced trauma (which becomes tragically clear in the movie's second act), Cassandra has taken it upon herself to become an agent of sexual justice, which, in her interpretation, means pretending to be debilitatingly drunk in bars until some ersatz (male) good Samaritan gallantly volunteers

to escort her home, his rapacious urges only barely, temporarily concealed.

Noble as her mission might be, it suffers from a degree of displacement; there is a more significant target still at large. And as Cassandra's relationship with the ostensibly well-intentioned Ryan (Bo Burnham) moves beyond trepidation and obfuscation into genuine affection, she is drawn back into the outer orbit of her quarry.

Whether to call *Promising Young Woman* a tragedy, a comedy or a drama with touches of both, is perhaps the most challenging, even jarring aspect of the movie's treatment of its subject. A revenge tale to be sure, it manages a mostly-delicate tonal balance, creating a heightened reality with its highlighter-array color palette and synth-pop. At bottom, though, this is a story about devastating drama gone unnoticed, of victim-blaming and the normalization of toxic masculinity. In it there are no Good Guys, save maybe Cassandra's dad, played by the always great Clancy Brown, but one has to wonder if, given more screen-time, even he would prove to be a villain. And therein, despite its many charms, its fine performances and firmly established visual style, lies the challenge in embracing *Promising Young Woman* unreservedly. Because the movie takes a complex, nuanced aesthetic approach to a story, the themes of which Fennell would appear to view in very simple terms. The result is at once jokey and deadly serious, deceptively light while depicting

truly terrible things. And although it is an accomplished, complete work, I cannot help but wonder if that dichotomy will affect its resonance and longevity, even in a cultural climate where it could not feel more topical and thematically appropriate; that remains to be seen. For the moment, we have a thoroughly watchable and entertaining, if occasionally tonally confusing, debut from a writer/director with a singular voice and perspective, who will hopefully have the opportunity to continue sharing them. R. 113M. AMAZON PRIME.

## DEREK DELGAUDIO'S IN & OF ITSELF.

Magic's broader, diaphanous meaning, now co-opted by neo-hippiedom and a million Pinterest boards, a slightly silly, well-meaning notion of blessedness or pleasant surprise, has little to do with the practice of illusionists, cardsharps, hustlers and confidence tricksters. They are technicians who devote uncountable hours to the refinement of their craft, the goal of which is ultimately to pull one over on someone else and make a profit. It can be seen as the most venal, primal type of show-craft — grift turned entertainment. But then maybe all entertainment is founded on lies and magicians are simply being honest about their dishonesty.

I've shared in the childlike appreciation of close-up magic and larger-scale tricks, but as I've aged I've come to harbor some passing resentment for the cultish protection magicians afford each other. They form a cabal

of deception protecting the tawdry secrets and mechanisms that bind them together and separate them from their audience, their marks. Cynical, yes, but I would argue not without justification. Magic is rarely deployed in service of the elevation of the spirit. More often it's a ruse to lower the audience's guard and lift their wallets.

Derek DelGaudio, who might not even call himself a magician, may or may not be part of that mafia. In what he insists is a truth-telling performed in a theater more than 500 times and now recorded for the ages, he admits he was once a cheat, a predatory card mechanic. In this show, though, DelGaudio's tradecraft is merely a storytelling device for a story meant to illuminate the idea of self as both truth and construct, to recognize and celebrate our common thread of humanity. This sounds, admittedly, both grandiose and silly. But his earnestness, while likely genuine but certainly a part of his show, cuts through the simpler aspects of the artifice, making the project seem genuine and, in spite of myself, somehow important. It represents an uplifting corruption of the lie at the very heart of magic and, while it may be partially built on prevarication itself, it strives to get at some notion of truth and kindness. 90M. HULU.



*John J. Bennett (he/him) is a movie nerd who loves a good car chase.*



# WORKSHOPS & CLASSES

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Place your online ad at [classified.northcoastjournal.com](http://classified.northcoastjournal.com) or e-mail: [classified@northcoastjournal.com](mailto:classified@northcoastjournal.com)

Listings must be paid in advance by check, cash or Visa/MasterCard. Many classes require pre-registration.

## Communication

**COMMUNITY MEDIATOR TRAINING** 3/2 - 4/24 Join the HMS training program and learn the skills to be a community mediator. 27 hours over 8 weeks. All on Zoom. Tues/Thurs from 5:30-7:00 PM (+ one Sat. session 4/24). \$300- Multiple discounts available. (707) 445-2505 [humboldtmediationservices.org](http://humboldtmediationservices.org)

## Dance/Music/Theater/Film

**GUITAR/PIANO LESSONS.** All ages, beginning & intermediate. Seabury Gould (707) 845-8167. (DMT -1230)

## Fitness

**SUN YI'S ACADEMY OF TAE KWON DO.** Classes for kids & adults, child care, fitness gym & more. Tae Kwon Do Mon-Fri 5-6 p.m., 6-7 p.m., Sat 10-11 a.m. Come watch or join a class, 1215 Giuntoli Lane, or visit [www.sunyisarcata.com](http://www.sunyisarcata.com), 825-0182. (F-1230)

## 50 and Better

**OLLI ONLINE CLASSES:** Shelter in place but stay connected with OLLI. Get more information or register @HSUOLLI (O-1230)

**OLLI ONLINE: BUILDING COMMUNITY AND PROMOTING CIVILITY WITH SHARON FERRETT.** The core components of community will be reviewed with emphasis on active steps to build common good. Tues., Feb. 2 from 10 a.m.-noon OLLI Members \$15. Sign up today! 826-5880 or [www.humboldt.edu/olli](http://www.humboldt.edu/olli) (O-0128)

**OLLI ONLINE: GOING DOWN THE DRAIN-AGE: THREE HISTORICAL RIVERS WITH JERRY ROHDE.** Gain a knowledge of the history of three Southern Humboldt County rivers. Let's look at their history from the 1850s to 1960s, from fighting to flooding, from wagon roads to railroads, from resorts to railroads. Sat., Feb. 6 from 1-3 p.m. OLLI Members \$15. Sign up today! 826-5880 or [www.humboldt.edu/olli](http://www.humboldt.edu/olli) (O-0128)

**OLLI ONLINE: GUIDED SELF-MASSAGE WITH CARLISLE DOUGLAS.** Could you use some tension relief and a nervous system reset? Learn and practice the principles and techniques of self-massage. Fri., Feb. 5 from 5-7 p.m. OLLI Members \$15. Sign up today! 826-5880 or [www.humboldt.edu/olli](http://www.humboldt.edu/olli) (O-0128)

**OLLI ONLINE: INTRODUCTION TO OLLI PILATES PLUS: ESSENTIAL EXERCISES WITH JOANNE FORNES.** Discover and use your core muscles to aid with all activities around your home from gardening to housework. Wed., Feb. 3 from 10 a.m.-noon. OLLI Members \$15. Sign up today! 826-5880 or [www.humboldt.edu/olli](http://www.humboldt.edu/olli) (O-0128)

**OLLI ONLINE: SINGERS AND SONGWRITERS OF ROCK WITH ROBERT JOYCE.** Explore some of the most dynamic singers/songwriters of the 1970s when rock became a major industry. Tues., Feb. 2 & 9 from 5-7 p.m. OLLI Members \$25. Sign up today! 826-5880 or [www.humboldt.edu/olli](http://www.humboldt.edu/olli) (O-0128)

**OLLI ONLINE: THE WORLDS OF OCTAVIA BUTLER WITH MOLLY CATE.** Explore the life and work of the multiple award-winning science fiction writer acclaimed for her lean prose, strong protagonists, and social observations in stories that range from the distant past to the far future. Thurs., Feb. 4 & 11 from 10 a.m.-noon OLLI Members \$25. Sign up today! 826-5880 or [www.humboldt.edu/olli](http://www.humboldt.edu/olli) (O-0128)

## Spiritual

**EVOLUTIONARY TAROT** Ongoing Zoom classes, private mentorships and readings. Carolyn Ayres. 442-4240 [www.tarotofbecoming.com](http://www.tarotofbecoming.com) [carolyn@tarotofbecoming.com](mailto:carolyn@tarotofbecoming.com) (S-1230)

**SOTO ZEN MEDITATION** Sunday programs and weekday meditation in Arcata locations; Wed evenings in Eureka, [arcatazengroup.org](http://arcatazengroup.org) Beginners welcome, call for orientation. (707) 826-1701 (S-1230)

## Therapy & Support

**ALCOHOLICS ANONYMOUS.** We can help 24/7, call toll free 1-844 442-0711. (T-1230)

**SEX/ PORN DAMAGING YOUR LIFE & RELATIONSHIPS?** Confidential help is available. 707-825-0920, [saahumboldt@yahoo.com](mailto:saahumboldt@yahoo.com) (T-1230)

## Vocational

**40-HOUR WILDLAND FIRE SCHOOL - DEL NORTE CAMPUS MAR 15-19, 2021 VISIT:** <https://www.redwoods.edu/communityed/Detail/ArtMID/17724/ArticleID/3722/Wildland-Fire-School> or call College of the Redwoods at (707)476-4500 (V-0128)

**ADDITIONAL ONLINE CLASSES -** Are you looking for an online class? College of the Redwoods Community Education and Ed2GO have partnered to offer a variety of short term and career courses in an online format Visit: <https://www.redwoods.edu/communityed/Detail/ArtMID/17724/ArticleID/4916/Additional-Online-Courses> or call College of the Redwoods at (707)476-4500 (V-0128)

**FREE AMERICAN SIGN LANGUAGE CLASS** visit <https://www.redwoods.edu/adulted> or Call College of the Redwoods at 707-476-4520 for more information and to register. (V-0325)

**FREE BEGINNING LITERACY WITH ESL CLASS** visit <https://www.redwoods.edu/adulted> or Call College of the Redwoods at 707-476-4520 for more information and to register. (V-0325)

**FREE COMPUTER SKILLS CLASS** visit <https://www.redwoods.edu/adulted> or Call College of the Redwoods at 707-476-4520 for more information and to register. (V-0325)

**FREE ENGLISH AS A SECOND LANGUAGE CLASS** visit <https://www.redwoods.edu/adulted> or Call College of the Redwoods at 707-476-4520 for more information and to register. (V-0325)

**FREE GED/HISET PREPARATION CLASSES** visit <https://www.redwoods.edu/adulted> or Call College of the Redwoods at 707-476-4520 for more information and to register. (V-0325)

**FREE LIVING SKILLS FOR ADULTS WITH DISABILITIES** visit <https://www.redwoods.edu/adulted> or Call College of the Redwoods at 707-476-4520 for more information and to register. (V-0325)

**FREE WORKPLACE SKILLS CLASSES** visit <https://www.redwoods.edu/adulted> or Call College of the Redwoods 707-476-4520 for more information and to register. (V-0401)

**INCIDENT SAFETY AWARENESS FOR HIRED VENDORS** Dates Available in March & April Visit: <https://www.redwoods.edu/communityed/Detail/ArtMID/17724/ArticleID/5088/Incident-Safety-Awareness-for-Hired-Vendors> or call College of the Redwoods at (707)476-4500 (V-0128)

**MEDICAL BILLING AND CODING SPECIALIST** Online Info Meetings Jan 28 2021 Visit: <https://www.redwoods.edu/communityed/Detail/ArtMID/17724/ArticleID/5110/Medical-Billing-and-Coding-Specialist> or call College of the Redwoods at (707)476-4500 (V-0128)

**PHARMACY TECHNICIAN** Online Info Meetings Feb 6 OR 18, 2021 Visit: <https://www.redwoods.edu/communityed/Detail/ArtMID/17724/ArticleID/3704/Pharmacy-Technician> or call College of the Redwoods at (707)476-4500 (V-0128)

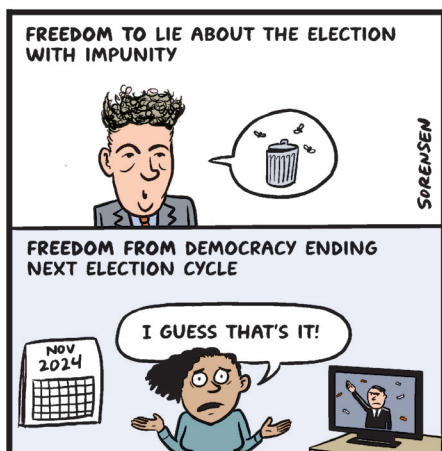
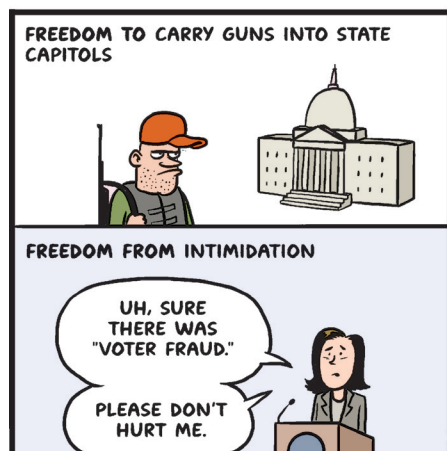
**REAL ESTATE CORRESPONDENCE** Become a Real Estate Agent. Start Anytime! Visit: <https://www.redwoods.edu/communityed/Real-Estate> or call College of the Redwoods at (707)476-4500 (V-0128)

**VENIPUNCTURE** Jan 31, 2021 Visit: <https://www.redwoods.edu/communityed/Register-for-Classes> or call College of the Redwoods at (707)476-4500 (V-0128)

## Wellness

**2021 AYURVEDA COURSES WITH TRACI WEBB & GUESTS.** Online @ Ayurvedic Living School  
\* Ayurveda Foundations & Nutrition: Starts Jan 13. (Part 1 of Ayurveda Health & Life Coach Training)  
\* Ayurveda Herbalist Training: Starts Feb. 2  
\* "Ayurvedic Mentorship" Starts March 4  
Learn ancient ayurvedic wisdom + modern psychology & life skills. Evolve Your Health, Relationships & Life. Launch a career aligned w/your purpose and passion! Ayurveda is the Nurturing Mother of All Medicines. Empowering the Feminine to Rise for 5000 Years! Details on website: [www.ayurvedicliving.com](http://www.ayurvedicliving.com)  
Email: [info@ayurvedicliving.com](mailto:info@ayurvedicliving.com) (W-0204)

## NCJ CARTOONS

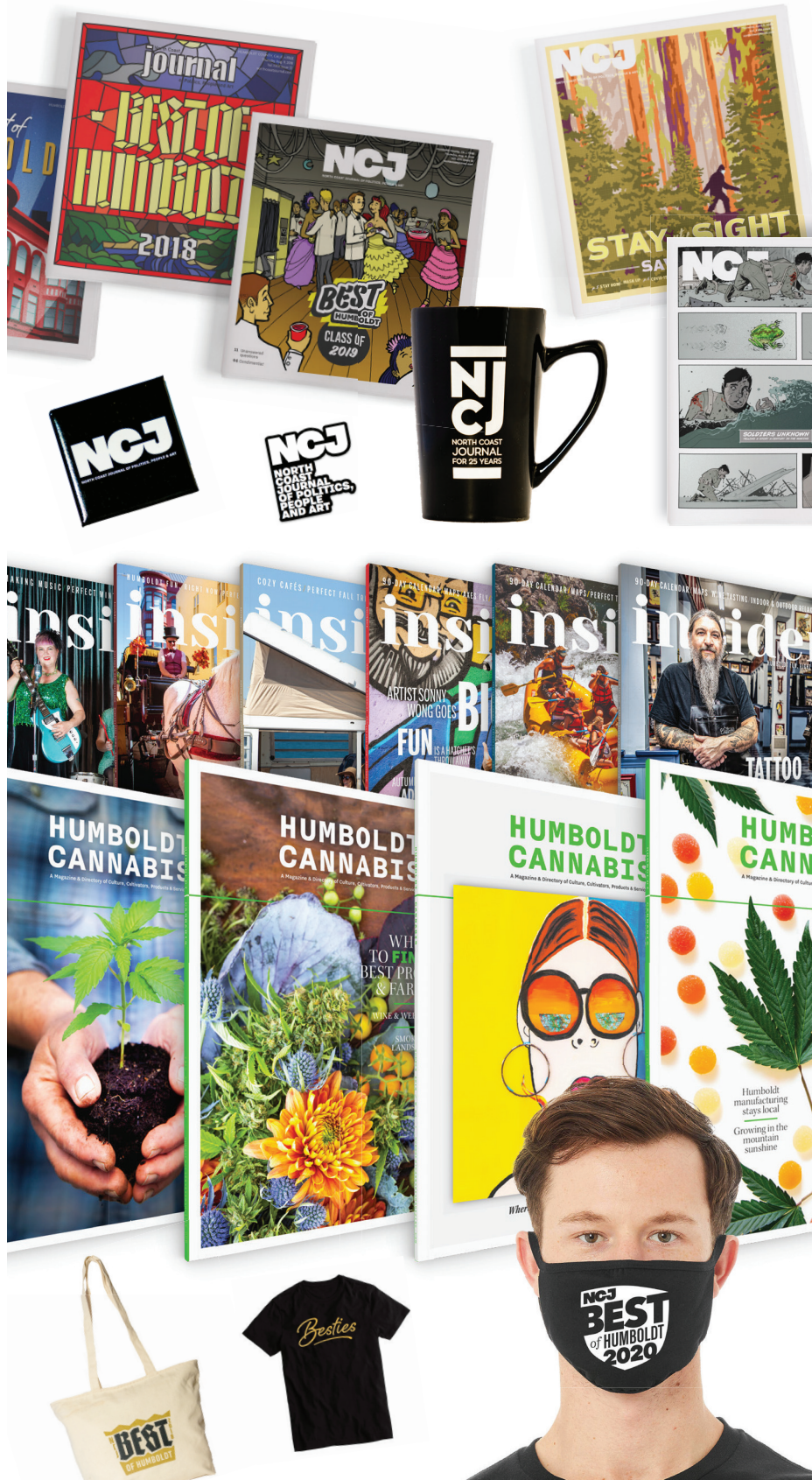


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### NCJ FIELD NOTES

## Our Social Brains

By Barry Evans

fieldnotes@northcoastjournal.com

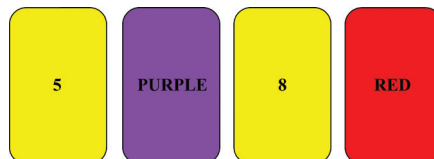
In order to appreciate this little window into the inner workings of your brain, please cover up the rest of this column, reading just one paragraph at a time.

A deck of cards has, on one side, a person's age; on the other, it has the drink they are holding, either alcoholic or non-alcoholic. They're breaking the law if they're under 18 with an alcoholic drink. I show you these four cards: TEQUILA, 33, SPRITE, 16. Which two cards do you need to turn over to see if the law is being broken?



Pretty simple, yes? If the tequila card has an age less than 18 on the reverse, or if the 16 card has an alcoholic drink on the reverse, the law's being broken. The 33 and Sprite cards make no difference. Everyone gets this right.

Now the surprising twist. Another deck of cards has a number on one side and a color on the other. You're looking at four cards: 5, PURPLE, 8, RED.



I tell you, "If a card has an even number on one face, it has the name of a primary color (red, yellow, blue) on the other face. Which two cards do you turn over to confirm whether I'm telling you the truth? Once you've figured it out, move on to the next paragraph. Warning: Apparently, fewer than 25 percent of people get this right.

Let's see. Turning the 5 over reveals nothing about my statement, which only referred to even-numbered cards. Similarly, finding an odd number on the back of the red card neither proves nor disproves my statement about even-numbered cards. However, finding an even number on the

back of the purple card disproves it, while finding anything other than red, yellow or blue on the back of the 8 card also disproves my statement. So the correct answer is purple and 8.

I bet you found this harder than the first puzzle. (I sure did.) But here's the thing: The two puzzles are identical! I just switched 18+/18- for odd/even and alcoholic/non-alcoholic for primary/non-primary colors. Formally, the puzzles are the same.

So what gives? Why do most of us find the booze puzzle simple and the other one tricky (perhaps even getting it wrong)? This is the sort of conundrum that brain researchers glom onto in their efforts to understand how we think. According to neuroscientist David Eagleman in his book *Incognito* (from which I adapted these puzzles), our responses are evidence of "neural specialization." He writes, "The brain cares about social interaction so much that it has evolved special programs devoted to it: primitive functions to deal with issues of entitlement and obligation." On the other hand, "our brains aren't wired for general logic problems" of the second sort.

There's no way we can go back in time to check it out, of course, but doesn't it make total sense that when our brains were developing back in the Stone Age, and when our ancestors lived in groups of perhaps 100 or 200 people, it was essential for the survival of the group that everyone pulled their weight, fulfilling obligations ("You owe me for the food I gave you yesterday") and obeying social rules? Any loose cannons not living up to the expectations of the group would face being ostracized or expelled.

So next time someone offers you a puzzle dealing with conditional logic, like the second one above, try to reframe it in "people" terms. Suddenly your socially well-adjusted brain will figure it out, naturally.



Barry Evans (barryevans9@yahoo.com) now lives in a group of two people, since the start of the pandemic.



NOTICE OF PUBLIC AUCTION ON FEBRUARY 26TH -MARCH 1ST, 2021 OF TAX-DEFAULTED PROPERTY FOR DELINQUENT TAXES  
Made pursuant to Revenue and Taxation Code Section 3702

On, November 10, 2020, I, John Bartholomew, Humboldt County Tax Collector, was directed to conduct a public auction sale by the Board of Supervisors of Humboldt County, California. The tax-defaulted properties listed on this notice are subject to the Tax Collector's power of sale and have been approved for sale by a resolution dated November 10, 2020 of the Humboldt County Board of Supervisors.

The sale will be conducted at [www.bid4assets.com](http://www.bid4assets.com), from February 26th – March 1st, 2021 as a public auction to the highest bidder for not less than the minimum bid as shown on this notice. Parcels receiving no bids will be re-offered at [www.bid4assets.com](http://www.bid4assets.com) on March 26th at a minimum price appropriate to stimulate competitive bidding. Due diligence research is incumbent on the bidder as all properties are sold as is. The winning bidder is legally obligated to purchase the item.

Only bids submitted via the Internet will be accepted. Pre-registration is required. Register on-line at [Bid4Assets.com](http://Bid4Assets.com) by February 22nd, 2021. Bidders must submit a refundable deposit of \$2,500.00 electronically, or by certified check or money order at [www.bid4assets.com](http://www.bid4assets.com). The deposit will be applied to the successful bidder's purchase price. Full payment and deed information indicating how title should be vested is required within 48 hours after the end of the sale. Terms of payment are limited to wire transfers, certified checks or money orders. A California transfer tax will be added to and collected with the purchase price and is calculated at \$.55 per each \$500 or fraction thereof.

All property is sold as is. The county and its employees are not liable for the failure of any electronic equipment that may prevent a person from participating in the sale.

The right of redemption will cease on Thursday, February 25th, at 5 p.m. and properties not redeemed will be offered for sale. If the parcel is not sold, the right of redemption will revive and continue up to the close of business on the last business day prior to the next scheduled sale.

If the properties are sold, parties of interest, as defined in California Revenue and Taxation Code Section 4675, have a right to file a claim with the county for any excess proceeds from the sale. Excess proceeds are the amount of the highest bid in excess of the liens and costs of the sale that are paid from the sale proceeds. Notice will be given to parties of interest, pursuant to California Revenue Taxation Code section 3692(e), if excess proceeds result from the sale.

More information may be obtained by contacting the Tax Collector at [www.humboldt.gov](http://www.humboldt.gov) or by calling (707) 476-2450 or toll free at 877-448-6829.

**PARCEL NUMBERING SYSTEM EXPLANATION**

The Assessor's Assessment Number (Parcel No.), when used to describe property in this list, refers to the assessor's map book, the map page, the block on the map (if applicable), and the individual parcel on the map page or in the block. The assessor's maps and an explanation of the parcel numbering system are available in the Assessor's Office.

The properties subject to this notice are situated in Humboldt County, California, and are described as follows:

\*Some item numbers are missing due to redemption of taxes or withdrawals.

ITEM NO	ASSESSOR'S ASSESSMENT NO	ASSESSEE'S NAME	MINIMUM BID
1	005-053-005-000	Chase, Richard	\$19,350.00
2	006-061-011-000	Hartling, Doug & Munson, Bret	\$19,650.00
4	007-112-001-000	Kirkpatrick, Edward L	\$8,650.00
5	009-252-006-000	Jones, Jessie M	\$9,450.00
6	010-036-003-000	Zygela, Susan E	\$31,600.00
8	010-223-004-000	North, Juliette	\$71,450.00
9	015-131-016-000	Davis, Robert E & Wendy K	\$2,650.00
10	017-012-025-000	Scott, John E	\$6,350.00
11	018-341-003-000	Thompson, Raymond F & Darline M	\$12,800.00
12	033-011-008-000	Creery, Shawn M	\$2,100.00
13	033-011-010-000	Creery, Shawn M	\$4,150.00
14	033-011-011-000	Creery, Shawn M	\$2,100.00
15	033-011-012-000	Creery, Shawn M	\$1,900.00
16	033-051-008-000	Morgan, Sierra	\$3,600.00
17	033-051-010-000	Morgan, Sierra	\$3,450.00
18	033-311-001-000	Aquarian, Journey & Rachael	\$9,250.00
19	033-311-002-000	Aquarian, Journey & Rachael	\$13,350.00

ITEM NO	ASSESSOR'S ASSESSMENT NO	ASSESSEE'S NAME	MINIMUM BID
20	052-202-006-000	Crosby, Jerry E	\$28,350.00
21	053-161-010-000	Rio Dell Farmers Market LLC	\$3,550.00
22	053-161-019-000	Rio Dell Farmers Market LLC	\$1,850.00
23	053-161-021-000	Rio Dell Farmers Market LLC	\$12,100.00
24	108-033-026-000	Parker, Leonard D	\$45,400.00
25	109-033-018-000	De Leon, Azucena	\$17,100.00
26	109-041-001-000	Dollarhide, Kimberly	\$6,600.00
27	109-041-003-000	Dollarhide, Kimberly	\$7,650.00
28	109-042-004-000	Silverado 10 Inc	\$8,350.00
29	109-042-011-000	Betty J Dotson Living Trust	\$5,250.00
30	109-071-002-000	Morrison, Peter	\$8,000.00
33	109-081-021-000	Vradenburg, Dale L	\$4,800.00
34	109-081-049-000	Richard, Peter	\$5,250.00
35	109-081-053-000	Auyong, Victor C G	\$2,650.00
36	109-091-005-000	Gault, Clarice V Gault Survivors Trust	\$2,100.00
37	109-091-035-000	Wilson, Jared	\$7,300.00
39	109-131-001-000	Devito, Sean	\$3000.00
40	109-131-010-000	Devito, Sean	\$4,150.00
41	109-131-018-000	M & M Family Trust #2	\$3,150.00
42	109-131-026-000	Clark, William E & Mary C	\$4,500.00
43	109-131-069-000	Devito, Sean	\$5,900.00
44	109-131-071-000	Green, Gordon & Acosta-Green, Febelyn	\$7,000.00
45	109-141-009-000	Auburn Sky LLC	\$18,100.00
46	109-141-023-000	Vradenburg, Dale L	\$2,350.00
47	109-151-023-000	Quiggins, Jo	\$5,500.00
48	109-151-025-000	Caceros, Gracelyn I	\$5,350.00
49	109-161-012-000	Dodin, Samia Dodin Family Trust	\$15,000.00
50	109-161-038-000	Atkinson, Carol & Marchant Judith Hand, Roger D & Cathy	\$9,600.00
51	109-182-022-000	Porter, Cary B & Cheryl M	\$8,900.00
52	109-183-026-000	Silverado 10 Inc	\$8,400.00
53	109-192-029-000	E L & Associates Inc	\$4,100.00
54	109-193-001-000	Peele, Charlene/ Carty Brian/ Buck, Kathryn C	\$5,200.00
55	109-211-013-000	Freeman, Anthony	\$4,800.00
56	109-221-011-000	Hibbert, Hannah I/ Hibbert Matthew J & Michael P	\$6,200.00
57	109-221-017-000	Exley, Jesse R	\$4,850.00
58	109-221-018-000	Golob Clifford & Saralynn D	\$7,000.00
59	109-231-020-000	Fontanez-Pilon, Irene & Flores, Darlene	\$5,400.00
60	109-231-021-000	Olsen, Nicholas	\$7,700.00
61	109-251-004-000	Carrillo, Phillip D	\$4,850.00
62	109-251-046-000	Busch Danny R & Diane K	\$4,350.00
63	109-261-019-000	Greer, Deborah J & Luis V	\$4,950.00
64	109-261-038-000	Formby, George M W	\$6,850.00
65	109-271-005-000	Pengson, Leonard H & Emilia D	\$6,100.00
66	109-281-037-000	Bourikian, Robert & Varakian, Nona	\$4,050.00

ITEM NO	ASSESSOR'S ASSESSMENT NO	ASSESSEE'S NAME	MINIMUM BID
67	109-291-002-000	Tan, Sherwin	\$5,100.00
68	109-302-033-000	Moorhead, Joe	\$20,200.00
69	109-302-047-000	Keathley, Irma	\$5,600.00
70	109-321-003-000	Perlman, Harold & Robbin L	\$5,300.00
71	109-321-004-000	Bourikian, Robert & Varakian, Nona	\$3,850.00
72	109-331-009-000	Kalman, Fredrick J II	\$4,750.00
73	109-331-010-000	Kalman, Fredrick J II	\$6,650.00
74	109-331-011-000	Kalman, Fredrick J II	\$6,750.00
75	109-331-031-000	York, Tommy A & Pauline N/ Fonseca, Keolanalani J & Lehua K K	\$5,550.00
76	109-331-038-000	Bourikian, Robert & Varakian, Nona	\$4,050.00
77	109-341-010-000	Retherford, T L & Z L	\$4,500.00
78	109-341-019-000	Doan, An T	\$8,900.00
79	109-341-030-000	Millwood, Delbert & Kathy	\$6,550.00
80	109-351-019-000	Fisher, Frank P & Lupe	\$7,450.00
81	109-351-055-000	McDaniel, Darrell A	\$43,300.00
82	110-021-024-000	Chakos, Chris & Berg, Lisa	\$6,500.00
84	110-041-010-000	Taylor, Justine	\$15,150.00
85	110-041-011-000	Taylor, Justine	\$7,150.00
86	110-041-018-000	E L & Associates Inc	\$5,000.00
87	110-041-027-000	Dean, Sybille M	\$6,600.00
88	110-051-015-000	Lum, Stanley	\$5,450.00
89	110-051-053-000	Cepeda, Arturo & Elizabeth	\$5,250.00
90	110-071-009-000	Moon, Steven V/ Heather M Moon, Joseph M & Christina D	\$7,500.00
91	110-091-018-000	Lockhart, Raymond C	\$5,000.00
92	110-121-017-000	Wilson, David S & Joan H	\$6,800.00
93	110-121-022-000	York, Tommy	\$4,650.00
94	110-121-023-000	York, Tommy A & Pauline N	\$5,100.00
95	110-121-024-000	York, Tommy A & Pauline N	\$4,900.00
96	110-131-041-000	Galati, Alfred A	\$5,150.00
97	110-151-001-000	Cal, Sarah G	\$4,600.00
98	110-181-004-000	Henley, Dennis M	\$6,200.00
99	110-181-008-000	Grant, Reginald J	\$6,200.00
100	110-191-002-000	Jenkins, Donald B & Ruth E	\$5,100.00
101	110-231-029-000	Capital Investment Enterprises	\$20,400.00
102	110-231-057-000	Shaw, Michael E	\$7,300.00
103	110-231-063-000	Tilden, Renee	\$9,350.00
104	110-241-010-000	Safae, Zohreh	\$7,150.00
105	110-251-013-000	Behin, Bahram	\$8,500.00
106	110-251-023-000	Del Monte, Jack A Jr & Carol M	\$4,450.00
107	110-251-026-000	Lindauer, Robert	\$5,650.00
108	110-251-028-000	Cueva, Ester & Ochoa, Leonel	\$6,550.00
109	110-251-040-000	Schwartz, Bryan D	\$6,850.00
110	110-251-046-000	RPS Land LLC Huynh, Danny D	\$4,650.00
111	110-261-042-000	West, N E & D M	\$4,450.00

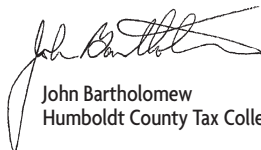


## LEGAL NOTICES

ITEM NO	ASSESSOR'S ASSESSMENT NO	ASSESSEE'S NAME	MINIMUM BID
112	110-261-045-000	Carrillo, Phillip D	\$7,500.00
113	110-291-023-000	Olayos, Peter	\$4,750.00
114	110-301-025-000	Burritt, Elizabeth A & Roland L	\$5,100.00
115	111-012-004-000	Forbes, Randall S & Sharon A	\$10,100.00
116	111-031-001-000	Perlman, Harold & Robbin L	\$5,150.00
117	111-031-017-000	Porter, Cary B & Cheryl M	\$5,700.00
118	111-031-037-000	Clearwater Real Estate Holdings LLC	\$14,650.00
119	111-031-046-000	Olayos, Peter	\$4,700.00
120	111-063-032-000	Fagundes, Anthony E & Laura S/ Tarrant, Russell V & Sharon K D	\$12,900.00
121	111-141-009-000	Mortensen, Brad	\$6,400.00
122	111-141-016-000	Tine, Lisa A & Richard J	\$7,600.00
123	111-142-026-000	Kingsley, Edward H	\$5,500.00
124	111-151-010-000	Puccio, Dayami G	\$13,750.00
125	111-151-024-000	Barbati, Carmine J	\$23,850.00
126	111-211-044-000	Cal, Sarah G	\$5,000.00
129	201-151-001-000	Khatua, Chidananda	\$3,200.00
130	201-232-001-000	Cruz, Casey J	\$26,700.00
131	202-102-025-000	Carroll, Mary L	\$3,800.00
132	202-361-080-000	Cox, Maria B	\$26,600.00
133	203-125-002-000	Hanchett, Aletha & Warren	\$13,200.00
134	203-291-054-000	Demello, Melissa & Sheyne	\$9,250.00
137	206-091-016-000	Lange, Brenda J	\$11,500.00
138	206-431-011-000	Walker, Charlotte G & Robert B/ Estate of Charlotte G Walker	\$15,400.00
139	206-441-006-000	Fredlund, Renee	\$11,150.00
140	206-441-007-000	Fredlund, Renee	\$19,000.00
141	207-161-002-000	Agnew, Ivan L & Beryl HTalsma, Charles J & Blanche C	\$1,250.00
142	207-161-010-000	Agnew, Ivan L & Blanch C Talsma, Charles J & Blanche C	\$1,250.00
143	208-331-006-000	Talbot, Jedidiah D	\$47,200.00
144	209-241-001-000	Collenberg, David A	\$2,750.00
145	209-241-002-000	Collenberg, David A	\$2,750.00
146	211-276-005-000	Trent, Christopher W & Robin A/ Trent Family Trust	\$32,200.00
147	212-162-055-000	Lapriore, Robert	\$32,350.00
148	212-162-056-000	Lapriore, Robert M Jr	\$9,800.00
149	215-171-001-000	MacDonald, Kathy	\$23,900.00
150	215-300-007-000	Bremer, Lonny D & Pyle, Richard A	\$6,900.00
151	216-023-011-000	Branham, Jody V & Contreras, James C Lasbury, Chaytawn P & Sherainian, Becky	\$2,600.00
152	216-391-008-000	Green, Martha F & Ponce, Augustine Jr	\$4,850.00
153	217-163-001-000	Bellach, Tyson & Phelps Jesse	\$15,450.00
155	217-401-003-000	Iordanova, Vessela B & Moghadam, Ramtin	\$35,100.00
156	219-061-006-000	Richman, Travis J	\$6,650.00
157	220-052-012-000	Privitt, John P & Wolf, Storm L	\$13,250.00

ITEM NO	ASSESSOR'S ASSESSMENT NO	ASSESSEE'S NAME	MINIMUM BID
158	221-071-003-000	Farrell, Chase M & Cyrus	\$52,100.00
160	316-233-014-000	Ochoa, Aaron G	\$25,700.00
161	317-054-006-000	Napaville Ranch LLC	\$2,200.00
162	400-031-027-000	James, Darrell D	\$18,700.00
163	400-082-002-000	Riley, Robert S	\$8,400.00
164	400-141-007-000	Edrich, Daniel F	\$2,500.00
165	400-141-008-000	Edrich, Daniel F	\$2,750.00
166	401-246-013-000	Newman, Coy N & Linda L	\$43,100.00
167	503-031-001-000	Miller, Dietrich B	\$20,800.00
168	510-121-022-000	Williamson, Marie C	\$8,200.00
169	511-131-058-000	Barbagallo, Alan A & Rita T	\$21,200.00
170	516-101-056-000	Jackson, Mary	\$10,200.00
171	519-252-019-000	Pelroy, Maxine & Verilhac Ronnie L	\$38,400.00
173	520-071-015-000	Bunce, Bernard P & Humphrey, Donnie D & Linda L/ Swide, Fred A	\$40,300.00
175	522-051-003-000	Penner, Matthew	\$24,900.00
176	522-351-003-000	Hames, Elmer J Hames, Elmer J Living Trust	\$17,400.00
177	522-470-023-000	Fisher, Karl & Kathleen	\$10,800.00
178	525-201-027-000	Masten, Melinda M	\$2,700.00
179	525-251-003-000	Stone, Oberly	\$3,100.00
180	525-261-007-000	Marshall, Jacquelyne J	\$4,850.00
181	526-291-010-000	Catron, Dorothy L	\$4,000.00

I certify or (declare), under penalty of perjury, that the foregoing is true and correct.

  
John Bartholomew  
Humboldt County Tax Collector

Executed at Eureka, Humboldt County, California, on January 15th, 2021.  
Published in the North Coast Journal on January 21, 28 and February 4, 2021.



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# NCJ

NORTH COAST JOURNAL OF POLITICS, PEOPLE & ART

310 F STREET,  
EUREKA, CA 95501  
(707) 442-1400  
FAX (707) 442-1401

### NOTICE OF PETITION TO ADMINISTER ESTATE OF MARTHA FLORETA BENSON, a/k/a MARTHA FLOREDA BENSON, a/k/a MARTHA BENSON CASE NO. PR2100007

NOTICE OF PETITION TO ADMINISTER ESTATE OF MARTHA FLORETA BENSON, a/k/a MARTHA FLOREDA BENSON, a/k/a MARTHA BENSON CASE NO. PR2100007

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, of MARTHA FLORETA BENSON, a/k/a MARTHA FLOREDA BENSON, a/k/a MARTHA BENSON A PETITION FOR PROBATE has been filed by Petitioner SAUNDRA JOY BENSON

In the Superior Court of California, County of Humboldt. The petition for probate requests that SAUNDRA JOY BENSON be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.)

The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on February 11, 2021 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 6.

Effective Monday, May 18, 2020, Humboldt Superior Court will resume Probate calendars using remote video and phone conferencing. You have been served with a Notice of Hearing of a Petition pursuant to which a court hearing has been scheduled. Due to the COVID-19 pandemic, if you wish to appear at the court hearing, you must do so remotely. Instructions to appear remotely are set forth on the Court's website: [www.humboldt.courts.ca.gov](http://www.humboldt.courts.ca.gov).

You should not physically go to the Courthouse. The courtrooms and the Clerk's office remain closed until further notice. If you wish to file a written response to the Petition, which is the subject of this hearing, we have been advised by the Clerk that documents can be filed using the drop box at the Clerk's office located at the Court-

house at 421 I Street. If you file a written response, you must also mail copies of your response to: James D. Poovey, 937 Sixth Street, Eureka, CA 95501.

As the representative of the person who filed the Petition which is the subject of this hearing, we are available to discuss the Petition with you and any questions that you have concerning it. We are available by telephone at (707) 443-6744 and by mail at 937 Sixth Street, Eureka, CA 95501.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

ATTORNEY FOR PETITIONER: James D. Poovey 937 6th Street Eureka, CA 95501 707-443-6744

Filed: January 13, 2021  
SUPERIOR COURT OF CALIFORNIA  
COUNTY OF HUMBOLDT

1/21, 1/28, 2/4 (21-019)

### NOTICE OF PETITION TO ADMINISTER ESTATE OF NICHOLAS A. FRANK CASE NO. PR2100010

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, of NICHOLAS A. FRANK, NICHOLAS ANDREW FRANK, NICHOLAS FRANK, NICK FRANK

A PETITION FOR PROBATE has been filed by Petitioner VANESSA FRANK AND HEATHER FRANK

In the Superior Court of California, County of Humboldt. The petition for probate requests that VANESSA FRANK AND HEATHER FRANK be appointed as personal representative to administer the estate of the



decendent.  
THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on February 11, 2020 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 6, Room: 6.

Effective Monday, May 18, 2020, Humboldt Superior Court will resume Probate calendars using remote video and phone conferencing. You have been served with a Notice of Hearing of a Petition pursuant to which a court hearing has been scheduled. Due to the COVID-19 pandemic, if you wish to appear at the court hearing, you must do so remotely. Instructions to appear remotely are set forth on the Court's website: [www.humboldt.courts.ca.gov](http://www.humboldt.courts.ca.gov).

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.  
IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.  
YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for

Special Notice form is available from the court clerk.  
ATTORNEY FOR PETITIONER:  
Daniel E. Cooper  
Morrison, Morrison & Cooper  
611 I Street, Suite A  
Eureka, CA 95501  
(707) 443-8011  
Filed: January 15, 2021  
SUPERIOR COURT OF CALIFORNIA  
COUNTY OF HUMBOLDT

1/28, 2/4, 2/11 (21-026)

**FOUND: Bicycle found in September 2020 in the vicinity of Anderson Road, McKinleyville.**

Pursuant to Sec 2080.3 of the Civil Code, the property, having been stored for over 90 days, has not been claimed and is hereby advertised as found. If not claimed within 7 days of this published notice, title to said property will vest in the finder after payment of publication costs. Owner may produce proof of ownership and claim this property at the Humboldt County Sheriff's Office, 826 Fourth Street, Eureka, Monday through Friday 8:00AM - 4:00PM.

1/28 (21-030)

**PUBLIC NOTICE**

Notice is hereby given that the undersigned intends to sell the personal property described below to enforce a lien on said property pursuant to sections 21700-21717 of the Business and Professions Code section 2328 of the UCC section 535 of the Penal Code and provisions of the Civil Code. The undersigned will sell at public sale by the competitive bidding on the 30th day of January, 2021 at 10:00 am on the premises where the said property has been stored and which is Sutter Central Storage, 1649 Sutter Road, McKinleyville, CA, County of Humboldt the following:

- #640 Brandon Jones
- #447 Shaun Guy
- #3 Elena Lerch
- #653 Joan Rios
- #824 Theresa Bernard
- #457 Theresa Bernard
- #250 Sean Christian
- #241 Azucena Gomez
- #743 Melody Stoddard
- #204 Sarah Henderson
- #192 Sarah Henderson
- #244 Emmilee Risling
- #446 Cole Hall
- #321 Cory Buseick
- #413 Bethann Lindley
- #54 Scott Wesley
- #751 Julien Damwyk
- #187 Robert Hagland
- #240 Ben Hersgberger
- #613 Teresa Lussier

Purchases must be paid for at the time of sale in cash only. Anyone interested in attending the auction must sign in prior to 10:00 am on the day of the auction, no exceptions. All purchase items sold as-is, where-is and must be removed within 48 hours of sale. Sale is subject to cancellation in the event of settlement between the owner and the obligated party.

Auctioneer: David Johnson bond #9044453

Dated this 21st days of January and 28th day of January, 2021

01/21, 01/28 (21-018)

**FICTITIOUS BUSINESS NAME STATEMENT 21-00029**

The following person is doing Business as  
**COASTAL LAWN CARE**

Humboldt  
2255 Alliance Road #33  
Arcata, CA 95521

**Jay A Brown**  
**2255 Alliance Road #33**  
**Arcata, CA 95521**

The business is conducted by an Individual.  
The date registrant commenced to transact business under the fictitious business name or name listed above on January 15, 2021  
I declare that all information in this statement is true and correct.  
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s/ Jay Brown, Owner  
This January 13, 2021  
KELLY E. SANDERS  
by sc, Humboldt County Clerk

1/21, 1/28, 2/4, 2/11 (21-017)

**FICTITIOUS BUSINESS NAME STATEMENT 20-00621**

The following person is doing Business as  
**STEPPING STONES CHILDREN'S GARDEN**

Humboldt  
1920 Zehnder Ave  
Arcata, CA 95519

**Shehlee J Johnson**  
**2343 William Ct**  
**McKinleyville, CA 95519**

**Jarred W Johnson**  
**2343 William Ct**  
**McKinleyville, CA 95519**

The business is conducted by a Married Couple.  
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable  
I declare that all information in this statement is true and correct.  
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s/ Shehlee Johnson, Owner  
This December 17, 2020  
KELLY E. SANDERS  
by sc, Humboldt County Clerk

1/14, 1/21, 1/28, 2/4 (21-006)

**FICTITIOUS BUSINESS NAME STATEMENT 20-00651**

The following person is doing Business as  
**FIST**

Humboldt  
417 2nd St., Suite 204  
Eureka, CA 95501

PO Box 368  
Eureka, CA 95502

**Linda Hang**  
**207 G St**  
**Eureka, CA 95501**

**Michael S Galan**  
**207 G St**  
**Eureka, CA 95501**

The business is conducted by a Married Couple.  
The date registrant commenced to transact business under the fictitious business name or name listed above on February 20, 2014  
I declare that all information in this statement is true and correct.  
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s/ Linda Hang, Visual Artist/CEO  
This December 31, 2020  
KELLY E. SANDERS  
by tn, Humboldt County Clerk

1/14, 1/21, 1/28, 2/4 (21-004)

**FICTITIOUS BUSINESS NAME STATEMENT 20-00640**

The following person is doing Business as  
**FLORA ORGANICA**

Humboldt  
5075 Dows Prairie Rd  
McKinleyville, CA 95519

**Andreas S Zierer**  
**5075 Dows Prairie Rd**  
**McKinleyville, CA 95519**

**Lisa H Zierer**  
**5075 Dows Prairie Rd**  
**McKinleyville, CA 95519**

The business is conducted by a Married Couple.  
The date registrant commenced to transact business under the fictitious business name or name listed above on January 1, 2000  
I declare that all information in this statement is true and correct.  
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s/ Lisa H Zierer, Owner  
This December 30, 2020  
KELLY E. SANDERS  
by sc, Humboldt County Clerk

1/14, 1/21, 1/28, 2/4 (21-003)

**FICTITIOUS BUSINESS NAME STATEMENT 21-00043**

The following person is doing Business as  
**BODYFREE**

Humboldt  
989 I Street, Suite D  
Arcata, CA 95521

PO Box 145  
Bayside, CA 95524

**Bodyfree LLC**  
**CA 202036611049**  
**1836 Old Arcata Rd, Unit 145**  
**Bayside, CA 95524**

The business is conducted by a Limited Liability Company.  
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable  
I declare that all information in this statement is true and correct.  
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s/ Sylvia Chrisney, Owner  
This January 20, 2021  
KELLY E. SANDERS  
by kt, Humboldt County Clerk

1/28, 2/4, 2/11, 2/18 (21-024)

**FICTITIOUS BUSINESS NAME STATEMENT 21-00028**

The following person is doing Business as  
**CENTER FOR REFLEXOLOGY AND INTUITIVE HEALING ARTS/CENTER FOR REFLEXOLOGY AND THE HEALING ARTS**

Humboldt  
735 12 St #G  
Arcata, CA 95521


**Alexandra L Seymour**  
**1137 Henderson St**  
**Eureka, CA 95501**

The business is conducted by an Individual.  
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable  
I declare that all information in this statement is true and correct.  
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s/ Alexandra L Seymour, Owner/  
Sole Proprietor  
This January 13, 2021  
KELLY E. SANDERS  
by kt, Humboldt County Clerk

1/21, 1/28, 2/4, 2/11 (21-013)

**PROPERTY AUCTION**

**Pursuant to Sec. 2080.3 of the Civil Code**, the Eureka Police Department hereby advertises that select unclaimed property is periodically auctioned via online auction at the website [www.propertyroom.com](http://www.propertyroom.com). Items listed for auction will be sold to the highest bidder. Please call our Property Section at (707) 441-4066 if you have any questions.



### Hoopa Valley Public Utilities District

#### Notice Inviting Bids

The Hoopa Valley Public Utilities District is soliciting bids for its Emergency Generator Project.

The scope of work includes installing three emergency generators at pump stations each with a concrete pad, security cage, and automatic transfer switch. Additionally, one new elevated diesel tank and pad are to be installed at the District office. Bids are to be submitted by 3:00 PM, Friday February 5th, 2021. Bid documents are available from the HumboldtBuilders Exchange or from the District Engineer at [lostcoastengineering@gmail.com](mailto:lostcoastengineering@gmail.com).

## LEGALS?

**442-1400 x314**

**classified@northcoastjournal.com**

County Public Notices

Fictitious Business

Petition to Administer Estate

Trustee Sale

Other Public Notices



LEGAL NOTICES

FICTITIOUS BUSINESS NAME  
STATEMENT 20-00637

The following person is doing Business as  
**CLONEYS LONG TERM CARE PHARMACY**

Humboldt  
525 5th St, Suite B  
Eureka, CA 95501

**Eureka Pharmacy LLC**  
**CA 202032510191**  
**5032 Bayview Circle**  
**Stockton, CA 95219**

The business is conducted by a Limited Liability Company. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare that all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s Lakshmi Sriharsha Bingi, Managing Member  
This December 29, 2020  
KELLY E. SANDERS  
by sc, Humboldt County Clerk

1/14, 1/21, 1/28, 2/4 (21-005)

FICTITIOUS BUSINESS NAME  
STATEMENT 21-00030

The following person is doing Business as  
**ERRL HILL LLC**

Humboldt  
5655 West End Road  
Arcata, CA 95521

PO Box 778  
Bayside, CA 95524

**ERRL Hill LLC**  
**CA 20173101074**  
**5655 West End Road**  
**Arcata, CA 95521**

The business is conducted by a Limited Liability Company. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable

I declare that all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s Randy Scott Harris, Owner  
This January 14, 2021  
KELLY E. SANDERS  
by kt, Humboldt County Clerk

1/28, 2/4, 2/11, 2/18 (21-029)

FICTITIOUS BUSINESS NAME  
STATEMENT 21-00045

The following person is doing Business as  
**CALIFORNIA COLD RUSH INC.**

Humboldt  
3348 Jacobs Ave  
Eureka, CA 95501

PO Box 217  
Bayside, CA 95524

**California Cold Rush**  
**1890 Fairview Dr**  
**Bayside, CA 95524**

The business is conducted by a Corporation. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare that all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s Keith Linville, President/Owner  
This January 21, 2021  
KELLY E. SANDERS  
by sc, Humboldt County Clerk

1/28, 2/4, 2/11, 2/18 (21-027)

FICTITIOUS BUSINESS NAME  
STATEMENT 20-00650

The following person is doing Business as  
**NORTH COAST VETERINARY HOSPITAL**

Humboldt

1701 Giuntoli Lane  
Arcata, CA 95521

2973 Penryn Road  
Penryn, CA 95663

**Loomis Basin Equine Medical Center, Inc.**  
**CA C3045204**  
**2973 Penryn Road**  
**Penryn, CA 95663**

The business is conducted by a Corporation. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare that all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s Langdon Fielding, President  
This December 31, 2020  
KELLY E. SANDERS  
by tn, Humboldt County Clerk

1/28, 2/4, 2/11, 2/18 (21-021)

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME  
FILE NO. 17-00019

The following person have abandoned the use of the fictitious business name SOUTH BAY MINI-STORAGE  
Humboldt  
2031 Eich Road  
Eureka, CA 95503  
The fictitious business name was filed in HUMBOLDT County on January 11, 2017  
Ireta B Hinman  
710 Hilma Drive  
Eureka, CA 95503  
This business was conducted by: An Individual  
/s/ Ireta B Hinman, Owner  
This state was filed with the HUMBOLDT County Clerk on the January 12, 2021  
I hereby certify that this copy is true and correct copy of the original statement on file in my office  
s/ tn, Deputy Clerk  
Humboldt County Clerk

1/14, 1/21, 1/28, 2/4 (21-011)

FICTITIOUS BUSINESS NAME  
STATEMENT 20-00614

The following person is doing Business as  
**ELEMENTAL REAL ESTATE and DESIGN, INC.**

Humboldt  
222 Cookhouse Springs Ln  
McKinleyville, CA 95519

**Elemental Real Estate and Design, Inc.**  
**CA C4634526**  
**222 Cookhouse Springs Ln**  
**McKinleyville, CA 95519**

The business is conducted by a Corporation. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s Katherine Fergus  
This December 15, 2020  
KELLY E. SANDERS  
by tn, Humboldt County Clerk

1/14, 1/21, 1/28, 2/40 (21-010)

FICTITIOUS BUSINESS NAME  
STATEMENT 21-00038

The following person is doing Business as  
**EUREKA OXYGEN COMPANY INC**

Humboldt  
2810 Jacobs Ave  
Eureka, CA 95501

**Eureka Oxygen Company**  
**DE 1524906**  
**2810 Jacobs Ave**  
**Eureka, CA 95501**

The business is conducted by a Corporation. The date registrant commenced to transact business under the fictitious business name or name listed above on September 1, 1992 I declare that all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s Keith Linville, Owner/President  
This January 19, 2021  
KELLY E. SANDERS  
by sc, Humboldt County Clerk

1/28, 2/4, 2/11, 2/18 (21-023)

FICTITIOUS BUSINESS NAME  
STATEMENT 21-00004

The following person is doing Business as  
**STUFF POTATO FOOD TRUCK**

Humboldt  
5409 Paradise Ln  
Eureka, CA 95503

**Susan J Metzger**  
**5409 Paradise Ln**  
**Eureka, CA 95503**

The business is conducted by an Individual. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare that all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s Susan J Metzger, Owner  
This January 6, 2021  
KELLY E. SANDERS  
by sc, Humboldt County Clerk

1/21, 1/28, 2/4, 2/11 (21-012)

FICTITIOUS BUSINESS NAME  
STATEMENT 21-00037

The following person is doing Business as  
**SQUARE ONE YARD RESTORATION**

Humboldt  
520 South G St  
Arcata, CA 95521

725 4th St, Ste Y  
Eureka, CA 95501

**Nick E Campise**  
**2203 Fern St**  
**Eureka, CA 95503**

The business is conducted by an Individual. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare that all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s Nick Campise, Owner  
This January 15, 2021  
KELLY E. SANDERS  
by sc, Humboldt County Clerk

1/28, 2/4, 2/11, 2/18 (21-025)

FICTITIOUS BUSINESS NAME  
STATEMENT 21-00034

The following person is doing Business as  
**HUMBOLDT DRIVING SCHOOL**

Humboldt  
2936 J Street  
Eureka, CA 95501

**James A Reeves**  
**2936 J Street**  
**Eureka, CA 95501**

The business is conducted by an Individual. The date registrant commenced to transact business under the fictitious business name or name listed above on January 15, 2021 I declare that all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s James Reeves, Owner  
This January 15, 2021  
KELLY E. SANDERS  
by kt, Humboldt County Clerk

1/21, 1/28, 2/4, 2/11 (21-014)

FICTITIOUS BUSINESS NAME  
STATEMENT 21-00005

The following person is doing Business as  
**CREATIVE PLASTIC RESEARCH**

Humboldt  
364 Vance Ave, Suite C  
Samoa, CA 95564

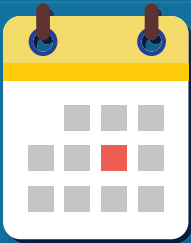
PO Box 244  
Samoa, CA 95564

**CPR Aquatic Inc.**  
**CA C2015455**  
**364 Vance Ave, Suite C**  
**Samoa, CA 95564**

The business is conducted by a Corporation. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare that all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s John Nicolini, President  
This January 6, 2021  
KELLY E. SANDERS  
by tn, Humboldt County Clerk

1/14, 1/21, 1/28, 2/4 (21-009)

SUBMIT your  
Calendar  
Events



ONLINE or by E-MAIL

northcoastjournal.com • calendar@northcoastjournal.com

Print Deadline: Noon Thursday, the week before publication



@northcoastjournal



# Free Will Astrology

## Week of Jan. 28, 2021

By Rob Breznsy  
freewillastrology@freewillastrology.com

**ARIES (March 21-April 19):** In the 1950 film *Harvey*, James Stewart plays a middle-aged man named Elwood whose best friend is a tall invisible rabbit named Harvey. The relationship causes problems with the people in Elwood's life. At one point a psychiatrist tries to convince him to "struggle with reality." Elwood replies, "I wrestled with reality for 40 years and I am happy to state that I finally won." I'm happy to tell you this story, Aries, because it's a good lead in to my counsel for you: I suspect that one of your long wrestles with reality will yield at least a partial victory in the coming weeks. And it will be completely real, as opposed to Elwood's Harvey. Congratulations!

**TAURUS (April 20-May 20):** The light of the North Star takes a long time to reach us, even though it's traveling 186,000 miles per second. The beams it shows us tonight first embarked when Shakespeare was alive on Earth. And yet that glow seems so fresh and pure. Are there any other phenomena in your life that are metaphorically comparable? Perhaps an experience you had months ago that is only now revealing its complete meaning? Or a seed you planted years ago that is finally ripening into its mature expression? The coming weeks will be an excellent time to take inventory of such things, Taurus. It will also be a favorable phase to initiate innovations that will take some time to become fully useful for you.

**GEMINI (May 21-June 20):** In 1971, astronaut Alan Shepard had the great privilege of landing on the moon in a spacecraft, then walking on the lunar surface. How did he celebrate this epic holy adventure? By reciting a stirring passage from Shakespeare or the Talmud? By placing a framed photo of Amelia Earhart or a statue of Icarus in the dirt? By saying a prayer to his God or thoughtfully thanking the people who helped put him there? No. Shepard used this sublime one-of-a-kind moment to hit a golf ball with a golf club. I'll ask you not to regard him as a role model in the coming weeks. When your sacred or lofty moments arrive, offer proper homage and honor. Be righteously appreciative of your blessings.

**CANCER (June 21-July 22):** William Shakespeare worked with another playwright in creating three plays: *Henry VIII*, *The Two Noble Kinsmen*, and *Cardenio*. The lucky collaborator was John Fletcher, who was popular and influential in his era. I propose that we name him one of your role models in 2021. Here's why: You will have an enhanced potential to engage in fertile partnerships with allies who are quite worthy of you. I encourage you to be on the lookout for opportunities to thrive on symbiosis and synergy.

**LEO (July 23-Aug. 22):** Canadian journalist Nick Ashdown is amazed that white people in North America are so inhibited about revealing their real feelings. He writes, "How bizarre that in English, the word 'emotional' is used pejoratively, as though passion implies some sort of weakness." He marvels that the culture seems to "worship nonchalance" and regard intense expressiveness as uncool or unprofessional. I'm going to encourage you to embody a different approach in the coming days. I don't mean to suggest that you should be an out-of-control maniac constantly exploding with intensity. But I do hope you will take extra measures to respect and explore and reveal the spirited truth about yourself.

**VIRGO (Aug. 23-Sept. 22):** Virgo actor Ingrid Bergman appeared in three movies directed by Alfred Hitchcock. In *Notorious*, set after the end of World War II, she played the daughter of a Nazi spy. During the filming, Bergman had trouble with a particular scene. She explained her doubts to Hitchcock, saying, "I don't think I can do that naturally." Hitchcock seemed receptive to her input, but in the end had an unexpected response: "All right," he told her. "If you can't do it naturally, then fake it." I'm going to suggest that you follow Hitchcock's advice during the next two

weeks, Virgo. "Fake it till you make it" is an acceptable—probably preferable—approach.

**LIBRA (Sept. 23-Oct. 22):** The 17th-century Libran polymath Thomas Browne had a brilliant, well-educated mind. He authored many books on various subjects, from science to religion, and was second only to Shakespeare in the art of coining new words. He did have a blind spot, however. He referred to sex as the "trivial and vulgar way of union" and "the foolishlest act a wise man commits in all his life." Most of us have pockets of ignorance like that—aspects that qualify as learning disabilities or intellectual black holes. And now and then there come times when we benefit from checking in with these deficiencies and deciding whether to take any fresh steps to wisen them up. Now is such a time for you.

**SCORPIO (Oct. 23-Nov. 21):** "There is no sunrise so beautiful that it is worth waking me up to see it," declares actor and comedian Mindy Kaling. Is that an unromantic sentiment? Maybe. But more importantly, it's evidence that she treasures her sleep. And that's admirable! She is devoted to giving her body the nurturing it needs to be healthy. Let's make Kaling your patron saint for now. It's a favorable time to upgrade your strategies for taking very good care of yourself.

**SAGITTARIUS (Nov. 22-Dec. 21):** All of us go through phases when our brains work at a higher level than usual. I'm guessing that you're about to enjoy one of these times. In fact, I won't be shocked if you string together a series of ingenious thoughts and actions. I hope you use your enhanced intelligence for important matters—like making practical improvements in your life! Please don't waste it on trivial matters like arguments on Facebook or Twitter.

**CAPRICORN (Dec. 22-Jan. 19):** Today the Capricorn artist Paul Cézanne (1839–1906) is regarded as an important and influential painter. Early in his career, though, he was rejected and even ridiculed by critics. One reason was that he loved making still-life paintings, which were considered low art. Of his 584 works, about 200 of them were of inanimate, commonplace objects. Fruit was his specialty. Typically he might spend 100 separate sessions in perfecting a particular bowl of apples. "Don't you want to take a vacation from painting fruit?" he was asked. In response, he said that simply shifting the location of his easel in relation to his subject matter was almost more excitement than he could bear. That's the kind of focused, detailed attitude I hope you'll cultivate toward your own labors of love during the coming weeks, Capricorn.

**AQUARIUS (Jan. 20-Feb. 18):** "We all want everything to be okay," writes author David Levithan. "We don't even wish so much for fantastic or marvelous or outstanding. We will happily settle for okay, because most of the time, okay is enough." To that mediocre manifesto, I reply, okay. I accept that it's true for many people. But I don't think it will apply to you Aquarians in the coming weeks. According to my assessment of your astrological potentials, you can, if you want, have a series of appointments with the fantastic, the marvelous, and the outstanding. Please keep those appointments! Don't skip them out of timidity or excess humility.

**PISCES (Feb. 19-March 20):** DON'Ts: Don't keep scratching an old wound until it bleeds. Don't try to snatch away the teddy bear that belongs to the 800-pound gorilla. Don't try to relieve your tension by pounding your head against a wall. Don't try to convince a stone idol to show you some tenderness. DOs: Do ask supposedly naive questions that may yield liberating revelations. Do keep in mind that sometimes things need to be a bit broken before you'll be motivated to give them all the care they need and deserve. Do extinguish the fire on a burning bridge, and then repair the bridge. ●

CROSSWORD by David Levinson Wilk

1	2	3	4	5		6	7	8	9	10		11	12	13
14						15						16		
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53						54						55		
56					57	58				59				
60					61					62				
63					64					65				

ZERO G

ANSWERS NEXT WEEK!

ACROSS

1. Any of 150 in the Bible  
6. Ban competitor  
11. "Have you no shame!"  
14. Discombobulated  
15. "Yankee Doodle Dandy" songwriter  
16. Safe Drinking Water Act enforcer, for short  
17. "Star Wars" character's physical makeup?  
19. "Your fly is open"  
20. Auntie played by Angela Lansbury  
21. Walked (on)  
22. Tennis rival of Roger, familiarly  
23. Increase, with "up"  
24. Question one might ask upon arriving in Vegas?  
27. Others, in Oaxaca  
29. Hit head-on  
30. "\_\_\_ is someone who stands outside in the rain hoping to be struck by lightning": James Dickey

31. Sealing fan?  
37. Sister channel of AMC and BBC America  
38. Weightlessness ... or, save for this answer's last letter, a description of this puzzle's answered grid  
39. "It's \_\_\_ state of affairs"  
40. Shin coverers  
42. Bygone Toyota model  
43. "It's a Wonderful Life" studio  
44. "I \_\_\_ ideal"  
45. Confident attitude from someone attracted to both sexes?  
51. Many I.C.U. workers  
53. Extremities  
54. "2 funny!!!"  
55. Bringing up the rear  
56. \_\_\_ school  
57. Attila is putting his laundry on the clothesline?

60. Friend  
61. Little brats  
62. Ingredient in a Denver omelet  
63. Machiavellian  
64. Post-its, e.g.  
65. Semiconductor device with two terminals

DOWN

1. Italian city known for its cheese  
2. Unseal without tearing  
3. Math term taken from a Greek word meaning "not intersecting"  
4. \_\_\_-majesté  
5. Goat's bleat  
6. Without \_\_\_ in the world  
7. Helicopter part  
8. \_\_\_ Island  
9. Translation of "je suis" or "yo soy"  
10. Letters after Chuck Schumer's name

11. State with a panhandle  
12. "Mission: Impossible" genre  
13. "On the Waterfront" director  
18. Extreme degrees  
22. French author whose last name sounds like Stallone role  
24. Cambodia's Angkor

25. "Don't be a \_\_\_, just be a queen": Lady Gaga  
26. Viking ship need  
28. Recording studio effects  
30. Parrot's cry  
31. Pride for a gym rat  
32. Planet where the cry "Shazbot!" is said to have originated  
33. Start of many California place names  
34. Big purveyor of sports talk  
35. Tall flowering plant

36. Nutritional fig.  
38. \_\_\_ suit  
41. Move among moguls  
42. "Blueberries for \_\_\_"  
44. Sword handle  
45. Subs at the office  
46. Shaquille who appears in Netflix's "Tiger King"  
47. "Strange to say ..."  
48. "... but maybe I'm wrong"  
49. Civil War historian Shelby  
50. Something that's kicked up or raised  
52. "Don't Rain on My Parade" composer  
55. Anderson of "WKRP in Cincinnati"  
57. QVC alternative  
58. Card game whose name is shouted during play  
59. Browning who directed 1931's "Dracula"

LAST WEEK'S ANSWERS TO YOU AND ME

C	A	S	I	O	S		U	M	N	O		U	N	C
B	E	C	A	L	M			N	E	A	L		N	E
C	R	I	M	E	A			I	R	M	A		S	W
			B	E	L	I	E	V	E	Y	O	U	M	E
M	T	M		L	L	C						E	N	O
A	R	E	Y	O	U	K		I	D	D	I	N	G	M
N	I	N	A					R	E	D	S			
Y	O	U	H	A	D	M	E	A	T	H	E	L	L	O
				G	R	A	N				R	E	A	R
C	A	N	Y	O	U	H	E	A	R	M	E	N	O	W
O	T	O	E					P	O	E		T	S	E
Y	O	U	A	N	D	M	E	B	O	T	H			
O	M	G		O	R	E	O		M	E	A	N	T	O
T	I	A		I	N	O	N		B	R	Y	S	O	N
E	C	T		R	O	W	S		A	S	S	A	Y	S

www.sudoku.com

su | do | ku

Puzzles by Pappocom

MEDIUM #25

			9											
		2	8	7	6							1		
				9								3	7	
				1		6	3	2						
	1							4						
	3	2	8		7									
2	5				4									
	6			1	2	4	8							
							6							

Homework: I believe that you can't get what you want from another person until you're able to give it to yourself. Do you think that's true? FreeWillAstrology.com.



Opportunities

AMERICAN STAR  
PRIVATE SECURITY

Is now hiring. Clean record.  
Driver's license required.  
Must own vehicle. Apply at  
922 E Street, Suite A, Eureka  
(707) 476-9262

ESSENTIAL CAREGIVERS

Needed to help Elderly  
Visiting Angels  
707-442-8001



Humboldt County  
Office of Education

NOW HIRING!

Are you passionate about  
making a difference in your  
community? Are you tired  
of mundane cubicle jobs  
and want to join a friendly,  
devoted community with  
limitless potential?

Join the Humboldt County  
Education Community.

Many diverse positions  
to choose from with  
great benefits, retirement  
packages, and solid pay. Learn  
more and apply today at  
[hcoe.org/jobs](https://hcoe.org/jobs)

Find what you're looking  
for in education!

Hiring?

Post your job  
opportunities  
in the *Journal*.



442-1400 x314  
northcoast  
journal.com



Redwood Community  
Action Agency  
is hiring!

**YOUTH CASEWORKER** - FT \$16/hr.  
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2 open member positions - Hoopa and  
Southern Humboldt. To apply, use the  
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Fulltime positions have complete benefit  
package. Go to [www.rcaa.org](https://www.rcaa.org) for job  
descriptions & required employment  
application. EOE



Eureka City  
Schools

**SENIOR SECRETARY**

Full-time, year-round position,  
\$14.16 - \$20.94/hr DOE, plus benefits,  
including PERS retirement.

Provides clerical support to District Office  
personnel and assists the general public.

Visit [eurekacityschools.org](https://eurekacityschools.org) for the  
complete job description and application  
process. **Open until filled.**



THE YUOK TRIBE IS HIRING A NEW EXECUTIVE DIRECTOR

The Yurok Tribe is looking for a Native American with ample leadership experience as well as an ability to thrive in a fast-paced working environment to serve as its new Executive Director. The position is charged with overseeing more than three dozen departments and programs. Presently, more than 600 Yurok-affiliated staff are implementing the vision of the Yurok Tribal Council. The Tribe is a trailblazer in many different fields and is currently in the middle of the most significant growth period in modern times. We are looking for an individual who is ready to work with our team on accelerating our nation's progress toward prosperity. To apply for the position, please visit: <https://www.yuroktribe.org/job-opportunities>

The Tribe's major initiatives include:

- Natural Resources Management
- Salmon Habitat Restoration
- Land Reacquisition
- Environmental protection
- Language Preservation
- Environmentally responsible Economic Development
- Klamath Dam Removal
- Health and Human Services
- Elder Care

Positive Work Environment

The Tribal Government goes to great lengths to maintain a positive work environment, where all interactions are based on dignity and respect. Team Yurok has deliberately developed an atmosphere that is supportive, encouraging and energizing.

Quality of Life

The Redwood Coast is rich with natural beauty. There rugged coast and conifer flanked rivers offer an endless supply of outdoor activities, such as hiking, camping and every other type of outdoor diversion. With a state university nearby, many notable musicians, authors and subject-matter experts commonly offer a wide diversity of cultural enrichment opportunities.

The Yurok Tribe

With more than 6,200 members, the Yurok Tribe is the largest federally recognized tribe in California. The Yurok Reservation straddles the lower 44 miles of the Klamath River on the far Northern California coast. The Yurok people continue to practice sacred ceremonial traditions that have been conducted since time immemorial. Tribal families regularly perform numerous cultural activities, such as salmon fishing, hunting and basket weaving. The Tribe is committed to ensuring that these invaluable activities persist for the rest of time.







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**ENGINEERING TECHNICIAN I/II**

\$2,887 - \$4,076/Month Plus Excellent Benefits

Under supervision, performs a variety of specialized paraprofessional engineering field and office duties in support of professional engineering staff.

Researches engineering topics and prepares basic engineering calculations; provides technical advice to the public; coordinates plan submittals; issues permits; maintains plan files and engineering records; prepares reports. EOE

For more information and to apply, visit our website at [www.ci.eureka.ca.gov](http://www.ci.eureka.ca.gov).

Recruitment closes at

**5 pm on Tuesday February 2nd, 2021.**



The Hoopa Valley Tribe is accepting applications to fill the following vacant positions:

**FINANCIAL INSTITUTION DIRECTOR**

Hoopa Development Fund Department, Regular, F/T, Salary: \$60,000-70,000 annually.

Manages the Hoopa Development Fund Credit Division and EDA Loan Fund Division by overseeing cash flow and financial instruments according to policy; assesses risk of all financial transactions executed by department personnel; and, collects data and analyzes financial status of department. This position supervises employees and works with a development fund committee. This position has a six-month introductory period.

**Minimum Qualifications:** Bachelor's degree (B.A.) in from a four-year college or university; or one to two years related experience and/or training; or, an equivalent combination of education and experience; must be current on any loans from Hoopa Development Fund. **DEADLINE: February 8, 2021**

**These positions are classified safety-sensitive.**

For job descriptions and employment applications, contact the Human Resources/Insurance Department, Hoopa Valley Tribe, P.O. Box 218, Hoopa, CA 95546. Call (530) 625-9200 or email [hr1@hoopainsurance.com](mailto:hr1@hoopainsurance.com). The Tribe's Alcohol & Drug Policy and TERO Ordinance apply.



The Hoopa Valley Tribe is accepting applications to fill the following vacant positions:

**SR. GOVERNMENT ACCOUNTANT**

Fiscal Department, Reg. F/T, Salary: \$70,000.00/yr.

Applies principals of accounting to analyze information and prepare financial reports.

**Minimum Qualifications:** Must have a BA in Accounting or related field and a minimum of five years of related experience and or training. Must have a minimum of one year of bank reconciliation experience. A minimum of one year of experience working in accounting software preferably in Abila MIP Accounting. Must have supervisory experience.

**DEADLINE: OPEN UNTIL FILLED**

**HUMAN RESOURCES DIRECTOR**

Human Resources Department, Reg. F/T, Salary: \$ DOE.

Oversees the daily administration of the Human Resources Department and administration of the Tribe's Personnel Policies and Procedures; ensures policy compliance and provides assistance to program managers and employees with personnel issues.

**Minimum Qualifications:** Must have a Bachelor's Degree (B.A.) from a four year college or university; and one to two years of specific experience and/or training related to personnel management; or equivalent combination of education and experience. Ability to work under and address stressful situations. Must have a valid CA Driver's License and be insurable. Must maintain strict confidentiality at all times.

**DEADLINE: OPEN UNTIL FILLED**

**INSURANCE & RISK MANAGER**

Insurance & Risk Management, Reg. F/T, Salary: DOE.

Plans, directs, organizes, coordinates and supervises the Hoopa Tribe's Risk Management and Insurance Program including on-going risk identification, evaluation and consultancy with tribal departments, entities and activities; insurance or self-insurance selection; direct supervision of loss prevention management, claims management, vocational resource management and property service to control risks and losses.

**Minimum Qualifications:** Must possess a Program Certificate; or one to four years related experience and/or training; or equivalent combination of education and experience. Must be proficient in the use of computers and computer software programs such as: Microsoft Word, Excel, Abila MIP Accounting Software, Human Resources systems, Inventory systems, etc. Must possess a valid CA Driver's License and be insurable.

**DEADLINE: OPEN UNTIL FILLED**

For job descriptions and employment applications, contact the Human Resources/Insurance Department, Hoopa Valley Tribe, P.O. Box 218, Hoopa, CA 95546. Call (530) 625-9200 Ext. 20 or email [hr2@hoopainsurance.com](mailto:hr2@hoopainsurance.com). The Tribe's Alcohol & Drug Policy and TERO Ordinance Apply.



The Hoopa Valley Tribe is accepting applications to fill the following vacant position:

**LIEUTENANT**

Hoopa Tribal Police, Regular, F/T, Salary: DOQ

Performs managerial, supervisory, technical and general law enforcement work in order to: preserve public peace; to protect lives, property and rights of the public; and to enforce statutory laws and ordinances.

**Minimum Qualifications:** Must be 25 years of age or older. Must be a graduate of a California Police academy and P.O.S.T. certified. Must possess a P.O.S.T. Intermediate Certification or completion of a P.O.S.T. Supervisory Course; OR able to obtain P.O.S.T. Supervisory Course certificate within 6 months. A minimum of five years' experience enforcing state or federal law. Subject to a full law enforcement background check in compliance with California P.O.S.T. standards and a full employment background check in accordance with Title 30A. Must have a valid CA Driver's License and be insurable. **DEADLINE: February 2, 2021**

**POLICE OFFICER**

Hoopa Tribal Police Department, Regular, F/T, Salary: \$26.91/hr.

Performs a wide variety of peace officer duties involving the protection of life and property, enforcement of laws and Tribal Ordinances, criminal investigation, crime prevention and suppression, case preparation and testimony, and providing information and assistance to the public.

**Minimum Requirements:** Must possess a High School Diploma or GED. Must possess a Basic Academy Certificate from a California P.O.S.T. approved academy. Must possess and maintain firearms qualifications. Must have a Valid CA Driver's License and be insurable. Must successfully pass a Title 30A Employment Background and a California Police Officer Standards and Training (P.O.S.T.) background check. **DEADLINE: Open Until Filled**

**SERGEANT**

Hoopa Tribal Police Department, Regular, F/T, Salary: \$34.13/hr

Performs a wide variety of peace officer duties involving the protection of life and property; enforcement of applicable laws and ordinances of the Hoopa Valley Tribe, as authorized.

**Minimum Qualifications:** Must have High School Diploma or GED; three (3) years of related experience and/or training. Must possess a valid P.O.S.T. Law Enforcement Academy Certificate. Must possess a P.O.S.T. Intermediate Certification or completion of a P.O.S.T. Supervisory Course; OR able to obtain within 1 year of hire. Subject to full law enforcement background investigation in compliance with P.O.S.T. Standards & an employment background check in accordance with Title 30A. Must possess valid CPR/First Aid Certificates. Must possess a Valid CA Driver's License and insurable. **DEADLINE: Open Until Filled**

For job descriptions and employment applications, contact the Human Resources/Insurance Department, Hoopa Valley Tribe, P.O. Box 218, Hoopa, CA 95546. Call (530) 625-9200 Ext. 20 or email [hr2@hoopainsurance.com](mailto:hr2@hoopainsurance.com). The Tribe's Alcohol & Drug Policy and TERO Ordinance Apply.

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## HUMAN RESOURCES MANAGER

### ESSENTIAL FUNCTIONS

- Oversees recruitment, training, and development of staff.
- Develops and implements policies and procedures and manages operations of the Human Resources Department.
- Ensures compliance with federal and state law.
- Oversees administration of employee benefits, workers' compensation program, employee services, and associated record keeping.
- Develops and maintains human resources platform/systems.
- Fosters an inclusive company culture and ensures equitable policies throughout the organization.

### COMPETENCIES

- Bachelor's degree (B.A.) from four-year college or university equivalent; or 4-10 years' related experience and/or training; or equivalent combination of education and experience.
- Experience with human resources information technology systems.
- Experience implementing and managing budgets.
- Previous experience with labor relations, preferably in retail/grocery.
- Proven ability to foster a diverse and inclusive workplace.

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### CURRENT JOB OPENINGS

#### INFECTION PREVENTION / EMPLOYEE HEALTH

Full Time Position. Position includes, but is not limited to, infection monitoring and reporting, infection risk assessment and prevention, policy and procedure development, staff education, and outbreak management. Employee Health role includes new employee and annual health assessments, immunization programs, exposure management, and safe patient handling programs. Must be able to communicate clearly, verbally and in writing to interface with employees, medical staff, and state, local, and federal health departments and programs. BSN preferred. Certification in Infection Control (CIC) preferred, but willing to train the right candidate.

#### LICENSED VOCATIONAL NURSE – CLINIC & HOME VISITS

Full Time position, 8 or 10 hr. shifts, 4 or 5 days a week, Monday - Friday. Current California LVN license and BLS certification required. Work 8 or 10 hour shifts in our outpatient.

#### NURSING ADMINISTRATIVE ASSISTANT

Part-Time – The Nursing Administrative Assistant acts as an assistant to the Chief Nursing Officer by performing various assigned functions including executive and clerical duties that require the ability to work independently and to maintain compliance with regulatory and licensing agencies. The Nursing Administrative assistant also manages the email, schedules, and records of the Chief Nursing officer. High school diploma or GED required, knowledge of medical terminology required, 1-2 years experience in the medical field required.

#### ER/ACUTE CARE REGISTERED NURSE

Full-Time – The ER/Acute Care Registered Nurse performs all responsibilities of the RN position; schedule flexibility is a requirement, including both day and night shifts. Current RN license and BLS/ACLS required.

#### VISITING REGISTERED NURSE – CLINIC AND HOME HEALTH

Full Time Position, 5 days a week, Monday-Friday. The Visiting RN works 8-hour shifts in our outpatient Rural Health Clinic and at patient homes. Must be eligible to drive a company car and hold a California Driver's License. Current RN license and BLS/ACLS required.

New hires qualify for benefits as soon as they begin employment!

SHCHD minimum wage start at \$15.50 per hour featuring an exceptional benefits package, including an employee discount program for services offered at SHCHD.

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## Northcoast Children's Services

### ASSOCIATE TEACHERS, Eureka/Fortuna (EHS)

Assists teacher in the implementation & supervision of activities for toddlers. Req. a minimum of 12 ECE units—including core classes & have 1 course in Infant Toddler—& at least 1 year exp. working w/ children. P/T positions, 28 hrs./week, \$14.28-\$14.99/hr. **Open Until Filled.**

### TEACHER, Arcata

Responsible for developing & implementing of classroom activities—providing support & supervision for a preschool prog. Meet Associate Teacher Level on Child Development Permit Matrix & have 1-yr. exp. teaching in a preschool setting. F/T 40 hrs/wk. M-F \$14.78-\$16.30/hr.

**Open until Filled.**

### TEMPORARY TEACHER, McKinleyville

Responsible for the development & implementation of classroom activities—provide support & supervision for a toddler program. Meet Associate Teacher Level on Child Development Permit Matrix & have 1 yr. experience teaching in a toddler setting. Temp F/T 36 hrs/wk. M-F \$14.78-\$15.52/hr.

**Open Until Filled.**

### CLASSROOM ASSISTANT, Eureka

Assist center staff in the day-to-day operation of the classroom for a preschool prog. 6-12 ECE units prefer or enrolled in ECE classes & have 6 months' exp. working w/ children. P/T 28 hrs/wk \$14.00-\$14.62/hr. **Open Until Filled.**

### HOUSEKEEPER, Arcata

Perform duties required to keep site clean, sanitized & orderly. Experience & knowledge of basic tools & methods utilized in custodial work & ability to learn & follow health & safety requirements. 6 hrs/wk (M-F) P/T \$14/hr. **Open Until Filled.**

### HOUSEKEEPER, Eureka

Perform duties required to keep site clean, sanitized & orderly. Experience & knowledge of basic tools & methods utilized in custodial work & ability to learn & follow health & safety requirements. 10 hrs/wk (M-F) P/T \$14/hr. **Open Until Filled.**

Submit applications to:

**Northcoast Children's Services**

1266 9th Street, Arcata, CA 95521

For addtl info & application

please call 707- 822-7206 or visit our website at

**[www.ncsheadstart.org](http://www.ncsheadstart.org)**



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**For a full job description and required qualifications, please visit our website at [www.ci.eureka.ca.gov](http://www.ci.eureka.ca.gov) to apply.**

**Applications will be accepted until 5:00 p.m. on Wednesday, February 3rd, 2021. EOE**

# Hiring?



Post your job opportunities in the **Journal**.

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northcoastjournal.com



## YUROK TRIBE

FOR A LIST OF CURRENT  
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FOR MORE INFORMATION CALL  
(707) 482-1350 EXTENSION 1376



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PLAN Dept. – Full Time \$24.82 - \$39.30/hr

### HELP Program Manager

EDU Dept. – Full Time \$60,049 - \$83,824/yr

### Family Services Program Manager

CFS Dept. – Full Time \$53,705 - \$83,824/yr

### Family Services Project Coordinator

CFS Dept. – Full Time \$17.85 - \$27.68/hr

### Social Worker I or II

CFS Dept. – Full Time \$19.88 - \$31.01/hr

[www.tolowa-nsn.gov/employment/](http://www.tolowa-nsn.gov/employment/)

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**NeuroHealth**

**WRAPAROUND FACILITATOR - CHILDREN & FAMILIES** Part time; \$20-\$25/hour. Guide adoptive families through the Wraparound process. Coordinate/ communicate with Child/Family Teams, agencies, health providers and others in support of family growth, health and well-being. Masters degree (social work, counseling) & 2 years exper. working with families and/or Special Needs Children preferred. Letter of interest to: [Bill@humboldtneurohealth.org](mailto:Bill@humboldtneurohealth.org). <https://www.humboldtneurohealth.org/wraparound>



## K'ima:w Medical Center

*an entity of the Hoopa Valley Tribe, is seeking applicants for the following positions:*

### BILLING OFFICE MANAGER

DEADLINE TO APPLY IS 5PM JANUARY 28, 2021.

### EHR PERSONAL HEALTH RECORD SPECIALIST

DEADLINE TO APPLY IS 5PM JANUARY 28, 2021.

### FACILITIES SUPERVISOR

DEADLINE TO APPLY IS 5PM JANUARY 28, 2021.

### GRANTS COMPLIANCE OFFICER

DEADLINE TO APPLY IS 5PM JANUARY 28, 2021.

### IT& APPLICATIONS TECHNICIAN

DEADLINE TO APPLY IS 5PM, JANUARY 28, 2021.

### MEDICAL RECORDS TECHNICIAN

DEADLINE TO APPLY IS 5PM, JANUARY 28, 2021.

### (2) PATIENT ACCOUNTS CLERK I

DEADLINE TO APPLY IS 5PM, JANUARY 28, 2021.

### SOBER LIVING OPERATIONS CASE MANAGER

DEADLINE TO APPLY IS 5PM JANUARY 28, 2021.

### VAN DRIVER

DEADLINE TO APPLY IS 5PM, JANUARY 28, 2021.

### CERTIFIED DATA ENTRY CODER TECHNICIAN

DEADLINE TO APPLY IS 5PM, FEBRUARY 5, 2021.

### HOUSEKEEPER (TEMP. UP TO 6 MONTHS)

DEADLINE TO APPLY IS FEBRUARY 5, 2021

### BEHAVIORAL HEALTH ADMIN. ASSISTANT

DEADLINE TO APPLY IS 5PM FEBRUARY 9, 2021.

### LABORATORY TECHNICIAN

DEADLINE TO APPLY IS 5PM FEBRUARY 9, 2021.

### MEDICAL SECRETARY

DEADLINE TO APPLY IS 5PM FEBRUARY 9, 2021.

### ACCOUNTANT

### HR DIRECTOR

### MEDICAL ASSISTANT

### MEDICAL DIRECTOR

### MENTAL HEALTH CLINICIAN

### RN CARE MANAGER

**ALL POSITIONS ARE OPEN UNTIL FILLED, UNLESS OTHERWISE SPECIFIED**

For an application, job description, and additional information, contact: K'ima:w Medical Center, Human Resources, PO Box 1288, Hoopa, CA, 95546 or call **530-625-4261** or email: [hr.kmc@kimaw.org](mailto:hr.kmc@kimaw.org) for a job description and application. Resume and CV are not accepted without a signed application.





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### Miscellaneous

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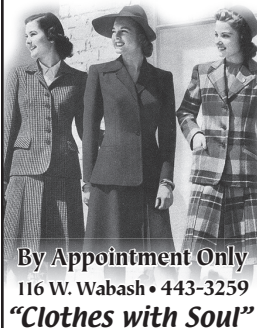
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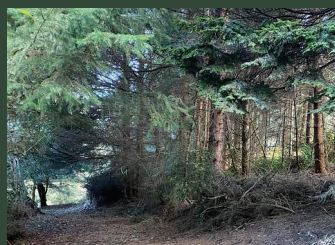


**Katherine Fergus**  
Realtor  
BRE #01956733  
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## SHIVELY – HOME ON ACREAGE - \$699,000

±8.3 Acre river retreat in beautiful So Hum! Features a 2/2 home, shop, PG&E, open meadows, mature orchard, Eel River frontage with boat and fishing access, and end of the road privacy!



## FIELDS LANDING – LAND/PROPERTY – \$143,000

Design opportunity w/ sweeping bay view potential. Hillside setting, meandering spring/creek through lower portion of parcel, at dead end of the road with easy access to Hwy 101. OMC w/ 50% down, for 5 yrs at 8%. Listed below appraised value!



## WEAVERVILLE – LAND/PROPERTY – \$109,000

±40 Acres close to Weaverville with beautiful views just waiting for you! Property features power close by and buildable flats.



## BIG BAR – LAND/PROPERTY – \$60,000

±1.2 Acre parcel in Big Bar waiting for your dream home! With septic and power already in place, this parcel is ready to build.



## SALYER – LAND/PROPERTY – \$115,000

±1.45 Acre parcel w/ end of road privacy, two large buildable flats, water services in place, a 2,825 gallon water tank, power lines close by, and a small shed/cabin.

## MIRANDA – HOME ON ACREAGE - \$525,000

±13 Acre woodland escape conveniently located just minutes from the beautiful Eel River, this wooded parcel features a 3/1 home, 8k sq. ft. shop, hobby shack, PG&E, 2 wells, end of the road privacy, and walking paths throughout.



## ARCATA – COMMERCIAL INVESTMENT – \$499,000

Commercial building on a high visibility corner just blocks from the Arcata Plaza! Two buildings, 10 dedicated parking spaces, and tenants are in place.



## DOUGLAS CITY – HOME ON ACREAGE – \$355,000

±124 Acres overlooking Reading Creek! Easy access, year round creek (with fish), buildable flats, solar system, and an unfinished 2,100 sqft 3/2 house!



## RIO DELL – LAND/PROPERTY – \$330,000

±13 Acres in Rio Dell! Spring, flat tillable land, and subdivision potential. Adjacent parcels also listed for sale.



## ZENIA – LAND/PROPERTY – \$250,000

±30 Acres in Trinity County w/ established road, spring, large meadows and power nearby. Currently used for grazing.



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